

Individual Best Times (All Time)

Becky Loft - (795570) - Preston Swimming Club - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:34.21	632	H	09/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	Co Manch Aq	1
4:36.11	619	H	30/01/16	Lancashire County WPSA Age Group & Championships	Manchester	Co Manch Aq	1
4:36.25	618	H	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	Co Manch Aq	1
4:36.83	614	F	27/02/16	The Hague 2016 Grand Prix	Netherlands		1
4:37.04	613	H	08/02/15	Derventio Excel February Festival	Sheffield		1
4:37.17	612	F	10/05/14	City of Manchester Aquatics Open Meet	Manchester	Co Manch Aq	1
4:37.33	611	H	27/02/16	The Hague 2016 Grand Prix	Netherlands		1
4:37.79	608	H	11/04/15	Derventio Excel 9th Open Meet	Sheffield		1
4:37.81	608	H	21/03/15	Lancashire County Age Groups & Championships	Manchester		1
4:39.04	600	F	20/12/14	CO Manchester Aquatics Manchester Snow'pen	Manchester	Co Manch Aq	1
4:39.55	596	H	03/08/14	BG ASA National Age Groups Champs 2014	Sheffield		1
4:40.50	590	H	15/03/14	Lancashire County Championships	Manchester	Co Manch Aq	1
4:40.55	590	F	07/05/16	Manchester Open Meet 2016	Manchester	Co Manch Aq	1
4:42.88	576	H	05/04/14	Derventio Excel 8th LC Open Meet	Sheffield	Co Manch Aq	1
4:43.75	570	H	03/08/16	ASA Summer Nationals 2016	Sheffield	Co Manch Aq	1
4:44.35	567	H	08/02/14	Derventio Excel February Festival	Sheffield	Co Manch Aq	1
4:45.23	561	H	09/08/15	ASA Summer Nationals 2015	Sheffield		1
4:45.60	559	F	21/12/13	City of Manchester Aquatics Snow'pen Meet	Manchester	Co Manch Aq	1
4:46.22	556	F	02/05/15	Manchester Open Meet 2015	Manchester	Co Manch Aq	1
4:47.50	548	H	23/05/15	ASA 2015 North West Regional Championships	Liverpool		1
4:48.90	540	F	11/05/13	City of Manchester AST The Manchester Open	Manchester	Co Manch Aq	1
4:49.30	538	H	02/06/13	BG North West Region 2013 Age Group Champs	Manchester	Co Manch Aq	1
4:51.04	528	F	02/06/13	BG North West Region 2013 Age Group Champs	Manchester	Co Manch Aq	1
4:52.85	519	H	10/03/13	Lancashire Age Group County Championships	Manchester	Co Manch Aq	1
4:59.63	484	F	16/12/12	City of Manchester Snow Pen 2012	Manchester	Co Manch Aq	1
5:05.09	459	H	03/06/12	North West Region Age Group Championships	Manchester	Co Manch Aq	1
5:07.20	440	F	10/05/10	City of Manchester Aquatics Swim Team Open	Manchester	Co Manch Aq	1

5:07.30	449	F	13/03/12	City of Manchester Aquatics Swim Team Open	Manchester	Co Manch Aq	1
5:07.94	446	H	28/04/12	Derventio Excel Swimming Squad 6th Open	Sheffield	Co Manch Aq	1
5:09.55	439	H	17/03/12	Lancashire County Championships	Manchester	Co Manch Aq	1
5:14.03	421	H	04/02/12	Derventio excel February Festival Open Mee	Sheffield	Co Manch Aq	1
5:19.38	400	F	21/01/12	City of Liverpool Winter Open Distance Mee	Liverpool	Co Manch Aq	1

Swims in Date Order

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