

Individual Best Times (All Time)

Sebastian Harding - (790871) - City of Coventry SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
57.34	545	H	10/05/14	City of Coventry May Open Meet	Coventry	Co Coventry	1
57.60	538	F	19/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	Co Coventry	1
57.68	536	H	06/07/13	City of Coventry Graham Sykes Gala	Coventry	Co Coventry	3
57.91	529	H	12/01/14	City of Derby Long Course L1 Meet	Sheffield	Co Coventry	1
58.08	525	H	09/06/13	Cardiff International Open Meet	Cardiff	Co Coventry	1
58.26	520	H	11/05/13	City of Coventry SC May Open Meet	Coventry	Co Coventry	1
58.32	518	H	15/03/14	Warwickshire County Championships	Coventry	Co Coventry	1
58.45	515	H	16/03/13	Warwickshire County Championships	Coventry	Co Coventry	1
58.62	510	H	04/05/13	Midland Youth Championships	Corby	Co Coventry	1
59.25	494	H	13/01/13	City of Derby 12th Long Course Open Meet	Sheffield	Co Coventry	1
59.25	494	H	14/12/14	City of Coventry Club Championships	Coventry		4
59.34	492	H	09/02/13	Derventio February Festival	Sheffield	Co Coventry	1
59.41	490	H	15/12/12	Northampton SC Winter Festival Open Meet	Corby	Co Coventry	1
59.55	487	H	01/07/12	City of Coventry Graham Sykes Gala	Coventry	Co Coventry	3
1:00.55	463	H	22/04/12	National Arena League 'B' Final	Sheffield	Co Coventry	1
1:00.88	456	H	03/11/12	City of Coventry November Open Meet	Coventry	Co Coventry	1
1:00.88	456	H	15/12/13	City of Coventry Club Championships	Coventry	Co Coventry	4
1:01.78	436	H	12/05/12	City of Coventry May Open Meet	Coventry	Co Coventry	1
1:02.57	420	H	17/03/12	Warwickshire County Championships	Coventry	Co Coventry	1
1:06.04	357	H	05/11/11	City of Coventry November Open Meet	Coventry	Co Coventry	1
1:06.85	344	H	16/07/11	City of Coventry Graham Sykes Open Meet	Coventry	Co Coventry	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
59.25	494	H	14/12/14	City of Coventry Club Championships	Coventry		4
57.34	545	H	10/05/14	City of Coventry May Open Meet	Coventry	Co Coventry	1

57.60	538	F	19/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	Co Coventry	1
58.32	518	H	15/03/14	Warwickshire County Championships	Coventry	Co Coventry	1
57.91	529	H	12/01/14	City of Derby Long Course L1 Meet	Sheffield	Co Coventry	1
1:00.88	456	H	15/12/13	City of Coventry Club Championships	Coventry	Co Coventry	4
57.68	536	H	06/07/13	City of Coventry Graham Sykes Gala	Coventry	Co Coventry	3
58.08	525	H	09/06/13	Cardiff International Open Meet	Cardiff	Co Coventry	1
58.26	520	H	11/05/13	City of Coventry SC May Open Meet	Coventry	Co Coventry	1
58.62	510	H	04/05/13	Midland Youth Championships	Corby	Co Coventry	1
58.45	515	H	16/03/13	Warwickshire County Championships	Coventry	Co Coventry	1
59.34	492	H	09/02/13	Derventio February Festival	Sheffield	Co Coventry	1
59.25	494	H	13/01/13	City of Derby 12th Long Course Open Meet	Sheffield	Co Coventry	1
59.41	490	H	15/12/12	Northampton SC Winter Festival Open Meet	Corby	Co Coventry	1
1:00.88	456	H	03/11/12	City of Coventry November Open Meet	Coventry	Co Coventry	1
59.55	487	H	01/07/12	City of Coventry Graham Sykes Gala	Coventry	Co Coventry	3
1:01.78	436	H	12/05/12	City of Coventry May Open Meet	Coventry	Co Coventry	1
1:00.55	463	H	22/04/12	National Arena League 'B' Final	Sheffield	Co Coventry	1
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1:06.85	344	H	16/07/11	City of Coventry Graham Sykes Open Meet	Coventry	Co Coventry	3