

Individual Best Times (All Time)

Ben Strover - (790406) - Orpington Ojays - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:18.67	525	H	03/02/18	Kent Swimming Championships 2018	Crystal Palace	Orpington OJ	1
2:19.93	511	F	07/05/18	2018 London Swimming Regional Summer Champs	Stratford	Orpington OJ	1
2:20.04	510	H	07/05/18	2018 London Swimming Regional Summer Champs	Stratford	Orpington OJ	1
2:21.29	497	H	09/02/19	Kent Swimming Championships 2019	Crystal Palace	Orpington OJ	1
2:21.91	490	H	01/05/17	2017 London Swimming Regional Youth Championships	Stratford	Orpington OJ	1
2:22.49	484	H	04/02/17	Kent Swimming Championships	Crystal Palace	Orpington OJ	1
2:23.96	469	F	01/05/17	2017 London Swimming Regional Youth Championships	Stratford	Orpington OJ	1
2:24.96	460	H	05/11/17	2017 London Swimming Regional Winter Champs	London	Orpington OJ	1
2:25.09	458	F	05/11/17	2017 London Swimming Regional Winter Champs	London	Orpington OJ	1
2:28.23	430	H	06/02/16	Kent Swimming Championships 2016	Crystal Palace	Orpington OJ	1
2:31.86	400	H	04/05/15	London Region Summer Championships	Crystal Palace	Orpington OJ	1

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