## **Individual Best Times (All Time)**

Ben Strover - (790406) - Orpington Ojays - 100 Backstroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:04.73	506	Н	05/05/18	2018 London Swimming Regional Summer Champs	Stratford	Orpington OJ	1
1:04.83	504	Н	03/02/18	Kent Swimming Championships 2018	Crystal Palace	Orpington OJ	1
1:05.38	491	Н	09/02/19	Kent Swimming Championships 2019	Crystal Palace	Orpington OJ	1
1:05.80	482	F	03/02/18	Kent Swimming Championships 2018	Crystal Palace	Orpington OJ	1
1:05.85	481	Н	29/04/17	2017 London Swimming Regional Youth Championships	Stratford	Orpington OJ	1
1:05.99	478	F	09/02/19	Kent Swimming Championships 2019	Crystal Palace	Orpington OJ	1
1:06.76	461	Н	04/02/17	Kent Swimming Championships	Crystal Palace	Orpington OJ	1
1:06.85	459	F	09/04/16	London Region Summer Championships	London	Orpington OJ	1
1:07.17	453	Н	09/04/16	London Region Summer Championships	London	Orpington OJ	1
1:07.79	441	Н	04/11/17	2017 London Swimming Regional Winter Champs	London	Orpington OJ	1
1:07.88	439	Н	06/02/16	Kent Swimming Championships 2016	Crystal Palace	Orpington OJ	1
1:11.46	376	Н	02/05/15	London Region Summer Championships	Crystal Palace	Orpington OJ	1
1:12.54	359	Н	15/06/14	London Region Age Group Championships	Stratford	Orpington OJ	1
1:15.67	317	F	12/04/14	Crawley Spring Open Meet	Crawley	Orpington OJ	1
1:17.80	291	Н	21/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Orpington OJ	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:05.99	478	F	09/02/19	Kent Swimming Championships 2019	Crystal Palace	Orpington OJ	1
1:05.38	491	Н	09/02/19	Kent Swimming Championships 2019	Crystal Palace	Orpington OJ	1
1:04.73	506	Н	05/05/18	2018 London Swimming Regional Summer Champs	Stratford	Orpington OJ	1
1:05.80	482	F	03/02/18	Kent Swimming Championships 2018	Crystal Palace	Orpington OJ	1
1:04.83	504	Н	03/02/18	Kent Swimming Championships 2018	Crystal Palace	Orpington OJ	1
1:07.79	441	Н	04/11/17	2017 London Swimming Regional Winter Champs	London	Orpington OJ	1
1:05.85	481	Н	29/04/17	2017 London Swimming Regional Youth Championships	Stratford	Orpington OJ	1
1:06.76 byright 2024	461 I	Н	04/02/17	Kent Swimming Championships	Crystal Palace	Orpington OJ Powered By SPORT	1 FSYSTEM

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1:06.85	459	F	09/04/16	London Region Summer Championships	London	Orpington OJ	1
1:07.17	453	Н	09/04/16	London Region Summer Championships	London	Orpington OJ	1
1:07.88	439	Н	06/02/16	Kent Swimming Championships 2016	Crystal Palace	Orpington OJ	1
1:11.46	376	Н	02/05/15	London Region Summer Championships	Crystal Palace	Orpington OJ	1
1:12.54	359	Н	15/06/14	London Region Age Group Championships	Stratford	Orpington OJ	1
1:15.67	317	F	12/04/14	Crawley Spring Open Meet	Crawley	Orpington OJ	1
1:17.80	291	Н	21/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Orpington OJ	1

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