

Individual Best Times (All Time)

Ben Strover - (790406) - Orpington Ojays - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.75	496	H	11/02/18	Kent Swimming Championships 2018	London	Orpington OJ	1
29.89	489	F	11/02/18	Kent Swimming Championships 2018	London	Orpington OJ	1
30.06	480	H	06/05/18	2018 London Swimming Regional Summer Champs	Stratford	Orpington OJ	1
30.19	474	H	30/04/17	2017 London Swimming Regional Youth Championships	Stratford	Orpington OJ	1
30.27	470	F	10/04/16	London Region Summer Championships	London	Orpington OJ	1
30.59	456	H	12/02/17	Kent Swimming Championships	London Aquatics	Orpington OJ	1
30.73	450	H	10/04/16	London Region Summer Championships	London	Orpington OJ	1
31.13	432	H	14/02/16	Kent Swimming Championships 2016	London	Orpington OJ	1
31.27	427	H	04/11/17	2017 London Swimming Regional Winter Champs	London	Orpington OJ	1
31.46	419	H	19/02/22	Speedo & BUCS Long Course Swimming Championships	Sheffield	Bournemouth	1
32.71	373	H	30/05/15	London Regional Championships	London	Orpington OJ	1
36.64	265	H	21/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Orpington OJ	1
37.24	252	H	14/07/13	London ASA Sprint Meet	Crystal Palace	Orpington OJ	3

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