

Individual Best Times (All Time)

Connor Coupland - (788405) - Borough of Harrow S C - 100 Breaststroke - Long Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---------------------------------------|----------|-----------------|-------|
| 1:38.79 | 190 | H | 19/07/14 | Basildon & Phoenix End of Season Meet | Basildon | | 3 |

Swims in Date Order

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