## Individual Best Times (All Time)

Connor Coupland - (788405) - Borough of Harrow S C - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet                                       | Venue     | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------|-----------------|-------|
| 1:05.38 | 368    | Н     | 05/04/15 | Basildon & Phoenix LC Easter Meet          | Basildon  |                 | 1     |
| 1:05.95 | 358    | F     | 17/05/15 | MCASA Long Course Open Meet                | Luton     | Bo Of Harrow    | 1     |
| 1:06.29 | 353    | Н     | 22/11/14 | City of Sheffield Snow Frills Meet         | Sheffield |                 | 3     |
| 1:06.41 | 351    | Н     | 29/05/16 | City of Cardiff Open Meet                  | Cardiff   | Bo Of Harrow    | 1     |
| 1:11.31 | 283    | Н     | 20/04/14 | Basildon & Phoenix Easter Long Course Meet | Basildon  | Bo Of Harrow    | 1     |
| 1:12.14 | 274    | Н     | 19/07/14 | Basildon & Phoenix End of Season Meet      | Basildon  |                 | 3     |
| 1:21.85 | 187    | Н     | 31/03/12 | Bracknell & Wokingham Level 3 Meet         | Aldershot | Bo Of Harrow    | 3     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet                                       | Venue     | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------|-----------------|-------|
| 1:06.41 | 351    | Н     | 29/05/16 | City of Cardiff Open Meet                  | Cardiff   | Bo Of Harrow    | 1     |
| 1:05.95 | 358    | F     | 17/05/15 | MCASA Long Course Open Meet                | Luton     | Bo Of Harrow    | 1     |
| 1:05.38 | 368    | Н     | 05/04/15 | Basildon & Phoenix LC Easter Meet          | Basildon  |                 | 1     |
| 1:06.29 | 353    | Н     | 22/11/14 | City of Sheffield Snow Frills Meet         | Sheffield |                 | 3     |
| 1:12.14 | 274    | Н     | 19/07/14 | Basildon & Phoenix End of Season Meet      | Basildon  |                 | 3     |
| 1:11.31 | 283    | Н     | 20/04/14 | Basildon & Phoenix Easter Long Course Meet | Basildon  | Bo Of Harrow    | 1     |
| 1:21.85 | 187    | Н     | 31/03/12 | Bracknell & Wokingham Level 3 Meet         | Aldershot | Bo Of Harrow    | 3     |