

Individual Best Times (All Time)

Connor Coupland - (788405) - Borough of Harrow S C - 400 Individual Medley - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:38.31	368	H	05/04/15	Basildon & Phoenix LC Easter Meet	Basildon		1

Swims in Date Order

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