

Individual Best Times (All Time)

Lewis Fraser - (787611) - Swansea University SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:52.91	567	H	06/09/14	Sainsbury 2014 UK School Games	Manchester		1
4:54.15	560	F	28/07/13	BG ASA National Age Groups 2013	Sheffield	Swansea Aq	1
4:54.24	559	H	01/08/14	BG ASA National Age Groups Champs 2014	Sheffield		1
4:54.58	557	F	03/04/15	Swim Wales Long Course Closed Championships	Swansea	Swansea Aq	1
4:55.01	555	H	23/05/15	City of Sheffield Swim Squad No Frills Meet	Sheffield		1
4:56.10	549	F	01/08/14	BG ASA National Age Groups Champs 2014	Sheffield		1
4:58.30	537	H	28/07/13	BG ASA National Age Groups 2013	Sheffield	Swansea Aq	1
4:59.02	533	F	21/04/14	Welsh Age Group & Youth Championships	WNPS	Swansea Aq	1
5:01.46	520	F	16/11/13	City of Cardiff Capital Open Meet	Cardiff	Swansea Aq	1
5:03.91	508	H	26/05/13	City of Sheffield No Frill Meet	Sheffield	Swansea Aq	1
5:15.63	453	F	12/01/13	Exeter City Open Meet	Cardiff	Swansea Aq	1

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