

Individual Best Times (All Time)

Lewis Fraser - (787611) - Swansea University SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:05.92	742	F	01/12/17	Swim Wales Long Course Championships	Swansea	Swansea Aq	1
2:07.16	720	F	11/03/23	Swansea Aquatic Spring LC Meet 2023	Swansea		1
2:07.27	718	F	11/05/19	Swansea Aquatics Centenary 2019 LC Open Meet	WNPS	Swansea Uni	1
2:07.46	715	F	10/02/24	Swim Wales Regional Racing Series - West 2024	Swansea		1
2:07.66	712	F	19/11/17	Swansea Aquatics Long Course Autumn Meet	Swansea	Swansea Aq	1
2:08.22	702	F	06/05/23	Swansea Aquatic May LC Meet	Swansea		1
2:08.38	700	F	04/03/17	FFN Golden Tour Open de la Mediterranee	Marseille		1
2:08.57	697	H	27/07/19	British Summer Championships	Glasgow	Swansea Uni	1
2:08.93	691	H	01/12/17	Swim Wales Long Course Championships	Swansea	Swansea Aq	1
2:09.42	683	H	04/03/17	FFN Golden Tour Open de la Mediterranee	Marseille		1
2:09.69	679	H	14/05/17	Swansea Aquatics Long Course Meet 2017	Swansea	Swansea Aq	1
2:09.73	678	F	05/02/23	Swansea University Swim Team 2023 LC Sprint Meet	Swansea		1
2:10.53	666	H	28/01/17	Chester le Street & Derwentside Burns Open Meet	Sheffield	Swansea Aq	1
2:11.10	657	H	17/02/19	BUCS Long Course Swimming Championships 2019	Sheffield		1
2:11.18	656	F	30/07/15	British Summer Championships	Sheffield		1
2:11.58	650	H	11/05/19	Swansea Aquatics Centenary 2019 LC Open Meet	WNPS	Swansea Uni	1
2:11.67	649	H	30/07/15	British Summer Championships	Sheffield		1
2:12.50	636	F	27/03/16	Swim Wales Long Course Championships	Swansea	Swansea Aq	1
2:13.37	624	H	30/07/16	British Summer Championships	Sheffield	Swansea Aq	1
2:13.79	618	H	27/03/16	Swim Wales Long Course Championships	Swansea	Swansea Aq	1
2:13.81	618	H	23/05/15	City of Sheffield Swim Squad No Frills Meet	Sheffield		1
2:15.11	600	F	31/07/14	BG ASA National Age Groups Champs 2014	Sheffield		1
2:15.35	597	H	15/04/15	British Championships 2015	London		1
2:16.08	587	H	31/05/14	City of Sheffield No Frills Meet	Sheffield	Swansea Aq	1
2:17.04	575	F	02/11/14	Neath Open Meet	Swansea	Swansea Aq	1
2:17.36	571	H	31/07/14	BG ASA National Age Groups Champs 2014	Sheffield	Swansea Aq	1
2:18.08	562	H	06/02/15	UK School Games 2015	Manchester		1

2:18.34	559	F	19/04/14	Welsh Age Group & Youth Championships	WNPS	Swansea Aq	1
2:19.64	544	F	22/12/13	BG Swim Wales National Championships	Swansea	Swansea Aq	1
2:21.53	522	H	19/04/14	Welsh Age Group & Youth Championships	WNPS	Swansea Aq	1
2:22.84	508	F	17/11/13	City of Cardiff Capital Open Meet	Cardiff	Swansea Aq	1
2:23.40	502	H	22/12/13	BG Swim Wales National Championships	Swansea	Swansea Aq	1
2:27.28	463	F	13/01/13	Exeter City Open Meet	Cardiff	Swansea Aq	1
2:29.70	441	H	25/05/13	City of Sheffield No Frill Meet	Sheffield	Swansea Aq	1
2:30.07	438	H	16/12/12	BG Swim Wales National Champs & Disability	Swansea	Swansea Aq	1
2:30.27	436	F	16/12/12	BG Swim Wales National Champs & Disability	Swansea	Swansea Aq	1
2:34.57	401	H	26/05/12	City of Sheffield No Frills Gala	Sheffield	Swansea Aq	1
2:37.88	376	H	13/05/12	Swim Swansea Long Course Meet	Swansea	Swansea Aq	1
2:38.67	370	F	07/04/12	Swim Wales Age, Youth & Senior Champs	Swansea	Swansea Aq	1
2:38.92	369	F	13/05/12	Swim Swansea Long Course Meet	Swansea	Swansea Aq	1
2:40.64	357	H	07/04/12	Swim Wales Age, Youth & Senior Champs	Swansea	Swansea Aq	1
2:44.19	334	F	21/01/12	Exeter City Level 1 Open Meet	Cardiff	Swansea Aq	1
2:53.20	285	F	15/10/11	Swim Swansea Open Meet	Swansea	Swansea Aq	1
2:53.93	281	H	30/07/11	Welsh Summer Nationals	Swansea	Swansea Aq	1
2:58.60	260	H	16/05/11	Swim Swansea Long Course Open Meet	Swansea	Swansea Aq	1
3:02.58	243	F	16/05/11	Swim Swansea Long Course Open Meet	Swansea	Swansea Aq	1

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