Individual Best Times (All Time)

Heather Lees - (787558) - City Of Glasgow Swim Team - 50 Breaststroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|---------------|-----------------|-------|
| 35.10 | 573 | F | 01/02/20 | 2020 WD Long Course Championships - WE2 | Tollcross | Co Glasgow | 1 |
| 35.75 | 542 | Н | 02/04/16 | Scottish National Age Group Championships | Glasgow | Co Glasgow | 1 |
| 36.02 | 530 | Н | 04/04/15 | Scottish National Age Group Championships | Aberdeen | F.I.R.S.T. | 1 |
| 36.16 | 524 | F | 16/07/16 | Scottish Summer Meet | Aberdeen | Co Glasgow | 1 |
| 36.21 | 522 | Н | 16/07/16 | Scottish Summer Meet | Aberdeen | Co Glasgow | 1 |
| 36.41 | 513 | Н | 01/02/20 | 2020 WD Long Course Championships - WE2 | Tollcross | Co Glasgow | 1 |
| 37.15 | 483 | Н | 30/07/13 | Swim Wales Summer Nationals | Swansea | Falkirk | 1 |
| 37.19 | 482 | F | 30/07/13 | Swim Wales Summer Nationals | Swansea | Falkirk | 1 |
| 37.59 | 466 | Н | 15/06/13 | Scottish Gas National Open Championships | Glasgow | Falkirk | 1 |
| 37.62 | 465 | Н | 06/04/14 | Scottish Gas National Open Championships | Glasgow | Falkirk | 1 |
| 37.65 | 464 | F | 04/04/15 | Scottish National Age Group Championships | Aberdeen | F.I.R.S.T. | 1 |
| 37.89 | 455 | Н | 25/07/15 | Scottish Summer Meet 2015 | Edinburgh | | 1 |
| 38.19 | 445 | Н | 17/01/15 | SASA West District Grand Prix | Glasgow | F.I.R.S.T. | 1 |
| 38.73 | 426 | Н | 10/05/15 | SASA West District Championships | East Kilbride | Falkirk | 1 |
| 41.30 | 351 | F | 30/06/12 | SG National Open Championships 2012 | Edinburgh | Falkirk | 1 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------------------------|-----------------|-------|----------|---|---------------|------------------------------|-------------|
| 35.10 | 573 | F | 01/02/20 | 2020 WD Long Course Championships - WE2 | Tollcross | Co Glasgow | 1 |
| 36.41 | 513 | Н | 01/02/20 | 2020 WD Long Course Championships - WE2 | Tollcross | Co Glasgow | 1 |
| 36.16 | 524 | F | 16/07/16 | Scottish Summer Meet | Aberdeen | Co Glasgow | 1 |
| 36.21 | 522 | Н | 16/07/16 | Scottish Summer Meet | Aberdeen | Co Glasgow | 1 |
| 35.75 | 542 | Н | 02/04/16 | Scottish National Age Group Championships | Glasgow | Co Glasgow | 1 |
| 37.89 | 455 | Н | 25/07/15 | Scottish Summer Meet 2015 | Edinburgh | | 1 |
| 38.73 | 426 | Н | 10/05/15 | SASA West District Championships | East Kilbride | Falkirk | 1 |
| 37.65 2024 Copyright | 464 1 | F | 04/04/15 | Scottish National Age Group Championships | Aberdeen | F.I.R.S.T. Powered By SPORT | 1 SYSTEM |

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|-------|-----|---|----------|---|-----------|------------|------------|
| 36.02 | 530 | Н | 04/04/15 | Scottish National Age Group Championships | Aberdeen | F.I.R.S.T. | 1 |
| 38.19 | 445 | Н | 17/01/15 | SASA West District Grand Prix | Glasgow | F.I.R.S.T. | 1 |
| 37.62 | 465 | Н | 06/04/14 | Scottish Gas National Open Championships | Glasgow | Falkirk | 1 |
| 37.19 | 482 | F | 30/07/13 | Swim Wales Summer Nationals | Swansea | Falkirk | 1 |
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