

Individual Best Times (All Time)

Heather Lees - (787558) - City Of Glasgow Swim Team - 400 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:04.72	460	F	29/07/13	Swim Wales Summer Nationals	Swansea	Falkirk	1

Swims in Date Order

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