

# Individual Best Times (All Time)

Heather Lees - (787558) - City Of Glasgow Swim Team - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:33.68	505	F	02/03/14	SASA West District Open SAG Champs	East Kilbride	Falkirk	1
5:34.73	501	H	25/06/15	Scottish National Open Championships	Glasgow		1
5:36.55	493	H	03/04/14	Scottish Gas National Open Championships	Glasgow	Falkirk	1
5:37.33	489	H	25/06/14	Scottish Gas National Age Groups 2014	Aberdeen		1
5:43.44	463	F	31/07/13	Swim Wales Summer Nationals	Swansea	Falkirk	1
6:32.01	311		05/06/11	SASA West District Group 4 Championships	Tollcross	Falkirk	1

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