

Individual Best Times (All Time)

Naomi Van Dongen - (782966) - Alton & District Swimming Club - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:14.60	635	H	03/02/18	Hampshire County Championships 2018	Mountbatten LC	Rushmoor Ryl	1
1:14.72	632	H	14/12/19	Amsterdam Euro Cup	Amsterdam, Holland		1
1:15.15	621	H	27/05/18	London Swimming 2018 Long Course Summer Open	London	Rushmoor Ryl	1
1:15.29	617	F	31/07/18	Swim England National Summer Meet	Sheffield	Rushmoor Ryl	1
1:15.46	613	H	03/02/18	Hampshire County Championships 2018	Mountbatten LC	Rushmoor Ryl	1
1:15.59	610	H	08/02/20	Hampshire County Championships 2020	Portsmouth	Rushmoor Ryl	1
1:15.81	605	H	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Alton & Dist	1
1:15.88	603	H	31/07/18	Swim England National Summer Meet	Sheffield	Rushmoor Ryl	1
1:16.21	595	H	15/03/19	Edinburgh International	Edinburgh	Bath Univ	1
1:16.59	587	H	13/03/20	Edinburgh International	Edinburgh	Bath Univ	1
1:16.66	585	H	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Alton & Dist	1
1:16.69	584	H	05/05/18	Swim England South East Championships 2018	Wycombe	Rushmoor Ryl	1
1:16.95	578	F	01/04/18	Scottish National Age Group Championships	Tollcross	Rushmoor Ryl	1
1:16.96	578	H	08/02/20	Hampshire County Championships 2020	Portsmouth	Rushmoor Ryl	1
1:17.01	577	H	04/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	Rushmoor Ryl	1
1:17.03	577	H	27/01/19	Somerset County Championships 2019	Millfield	Bath Univ	1
1:17.10	575	H	04/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	Rushmoor Ryl	1
1:17.11	575	H	29/04/17	ASA South East Region Championships 2017	Wycombe	Alton & Dist	1
1:17.28	571	H	30/04/16	ASA South East Region Swimming Championships	Portsmouth	Alton & Dist	1
1:17.45	567	F	03/04/16	Scottish National Age Group Championships	Glasgow	Alton & Dist	1
1:17.50	566	F	25/03/17	Guildford City Springboard Level 1 Open Meet	Surrey	Alton & Dist	1
1:17.52	566	H	29/04/17	ASA South East Region Championships 2017	Wycombe	Alton & Dist	1
1:17.71	562	H	30/04/16	ASA South East Region Swimming Championships	Portsmouth	Alton & Dist	1
1:17.79	560	F	28/05/17	PNSC May Madness Meet	Portsmouth	Alton & Dist	1
1:17.86	558	H	01/04/18	Scottish National Age Group Championships	Tollcross	Rushmoor Ryl	1
1:17.95	556	F	07/01/18	UBSC New Year Level 1 Open Meet	Hengrove	Rushmoor Ryl	1
1:17.99	555	H	10/02/17	Rushmoor Bayle L1 Spring National Qualifier Open	Aldershot	Alton & Dist	1

1:17.99	555	H	19/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	Alton & Dist	1
1:18.02	555	H	16/02/20	Speedo and BUCS Long Course Swimming Champs 2020	Sheffield		1
1:18.10	553	H	03/04/16	Scottish National Age Group Championships	Glasgow	Alton & Dist	1
1:18.16	552	F	02/04/17	Scottish National Age Group Championships	Aberdeen	Alton & Dist	1
1:18.28	549	F	01/08/16	ASA Summer Nationals 2016	Sheffield	Alton & Dist	1
1:18.69	541	H	01/08/16	ASA Summer Nationals 2016	Sheffield	Alton & Dist	1
1:18.81	538	H	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	Alton & Dist	1
1:18.83	538	F	19/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	Rushmoor Ryl	1
1:19.21	530	F	27/01/19	Somerset County Championships 2019	Millfield	Bath Univ	1
1:19.22	530	H	26/05/19	City of Cardiff International Open Meet	Cardiff	Bath Univ	1
1:19.41	526	H	02/04/17	Scottish National Age Group Championships	Aberdeen	Alton & Dist	1
1:20.20	511	H	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	Alton & Dist	1
1:21.56	486	H	12/07/15	Rushmoor Royals Summer LC L3 Open Meet	Aldershot	Alton & Dist	3
1:22.11	476	F	18/04/15	Crawley Spring LC Open Meet 2015	Crawley	Alton & Dist	1
1:23.65	450	H	05/04/15	Scottish National Age Group Championships	Aberdeen	Alton & Dist	1
1:24.66	434	H	14/03/15	Hampshire County ASA Championships	Portsmouth		1
1:24.67	434	F	30/11/13	Portsmouth Northsea Cracker Meet	Portsmouth	Alton & Dist	1
1:25.52	421	F	12/01/14	Portsmouth Northsea New Year Open Meet	Portsmouth	Alton & Dist	1
1:25.91	415	H	18/01/14	Rushmoor Royals January L1 Open Meet	Crawley	Alton & Dist	1
1:28.56	379		15/03/14	Hampshire County Championships	Portsmouth	Alton & Dist	1
1:28.66	378	H	20/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	Alton & Dist	1

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