

Individual Best Times (All Time)

Naomi Van Dongen - (782966) - Alton & District Swimming Club - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------|-----------------|-------|
| 2:18.35 | 542 | H | 06/02/16 | Hampshire County Swimming Championships 2016 | Portsmouth | Alton & Dist | 1 |
| 2:18.46 | 541 | H | 11/02/17 | Hampshire County Swimming Championships 2017 | Portsmouth | Alton & Dist | 1 |
| 2:25.51 | 466 | H | 14/03/15 | Hampshire County ASA Championships | Portsmouth | | 1 |
| 2:25.53 | 466 | H | 19/04/14 | Rushmoor Royals Easter L1 Open Meet | Aldershot | Alton & Dist | 1 |
| 2:26.81 | 454 | F | 19/04/15 | Crawley Spring LC Open Meet 2015 | Crawley | Alton & Dist | 1 |
| 2:27.76 | 445 | | 15/03/14 | Hampshire County Championships | Portsmouth | Alton & Dist | 1 |
| 2:30.68 | 420 | H | 18/01/14 | Rushmoor Royals January L1 Open Meet | Crawley | Alton & Dist | 1 |
| 2:31.33 | 414 | F | 30/11/13 | Portsmouth Northsea Cracker Meet | Portsmouth | Alton & Dist | 1 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------|-----------------|-------|
| 2:18.46 | 541 | H | 11/02/17 | Hampshire County Swimming Championships 2017 | Portsmouth | Alton & Dist | 1 |
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