

Individual Best Times (All Time)

Naomi Van Dongen - (782966) - Alton & District Swimming Club - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:31.59	575	H	07/05/18	Swim England South East Championships 2018	Wycombe	Rushmoor Ryl	1
2:31.90	572	H	03/02/18	Hampshire County Championships 2018	Mountbatten LC	Rushmoor Ryl	1
2:34.44	544	H	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Alton & Dist	1
2:34.44	544	F	19/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	Rushmoor Ryl	1

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