

# Individual Best Times (All Time)

Naomi Van Dongen - (782966) - Alton & District Swimming Club - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.38	575	H	16/02/19	BUCS Long Course Swimming Championships 2019	Sheffield		1
28.78	552	H	25/05/19	City of Cardiff International Open Meet	Cardiff	Bath Univ	1
28.81	550	H	03/02/18	Hampshire County Championships 2018	Mountbatten LC	Rushmoor Ryl	1
28.90	545	H	05/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	Rushmoor Ryl	1
28.96	541	H	27/05/18	London Swimming 2018 Long Course Summer Open	London	Rushmoor Ryl	1
29.00	539	H	03/02/18	Hampshire County Championships 2018	Mountbatten LC	Rushmoor Ryl	1
29.03	537	F	18/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	Rushmoor Ryl	1
29.04	537	H	27/01/19	Somerset County Championships 2019	Millfield	Bath Univ	1
29.23	526	H	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Alton & Dist	1
29.31	522	H	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	Alton & Dist	1
30.22	476	H	12/07/15	Rushmoor Royals Summer LC L3 Open Meet	Aldershot	Alton & Dist	3
30.40	468	H	14/03/15	Hampshire County ASA Championships	Portsmouth		1
30.40	468	F	18/04/15	Crawley Spring LC Open Meet 2015	Crawley	Alton & Dist	1
31.49	421		15/03/14	Hampshire County Championships	Portsmouth	Alton & Dist	1
31.52	420	H	20/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	Alton & Dist	1
31.87	406	F	30/11/13	Portsmouth Northsea Cracker Meet	Portsmouth	Alton & Dist	1
32.48	384	H	18/01/14	Rushmoor Royals January L1 Open Meet	Crawley	Alton & Dist	1

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28.78	552	H	25/05/19	City of Cardiff International Open Meet	Cardiff	Bath Univ	1
28.90	545	H	05/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	Rushmoor Ryl	1
28.38	575	H	16/02/19	BUCS Long Course Swimming Championships 2019	Sheffield		1
29.04	537	H	27/01/19	Somerset County Championships 2019	Millfield	Bath Univ	1
28.96	541	H	27/05/18	London Swimming 2018 Long Course Summer Open	London	Rushmoor Ryl	1
28.81	550	H	03/02/18	Hampshire County Championships 2018	Mountbatten LC	Rushmoor Ryl	1

29.00	539	H	03/02/18	Hampshire County Championships 2018	Mountbatten LC	Rushmoor Ryl	1
29.03	537	F	18/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	Rushmoor Ryl	1
29.23	526	H	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Alton & Dist	1
29.31	522	H	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	Alton & Dist	1
30.22	476	H	12/07/15	Rushmoor Royals Summer LC L3 Open Meet	Aldershot	Alton & Dist	3
30.40	468	F	18/04/15	Crawley Spring LC Open Meet 2015	Crawley	Alton & Dist	1
30.40	468	H	14/03/15	Hampshire County ASA Championships	Portsmouth		1
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