

Individual Best Times (All Time)

Alaina Ward - (781672) - Portsmouth Northsea SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
59.62	652	H	30/04/16	ASA South East Region Swimming Championships	Portsmouth	Havant & Wat	1
59.83	645	H	30/04/16	ASA South East Region Swimming Championships	Portsmouth	Havant & Wat	1
1:00.10	636	R	30/07/16	British Summer Championships	Sheffield	Havant & Wat	1
1:00.31	630	F	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe		1
1:00.52	623	H	12/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Havant & Wat	1
1:00.64	620	F	03/04/16	Guildford City Springboard Level 1 Open Meet	Guildford		1
1:00.81	614	H	29/07/16	British Summer Championships	Sheffield	Havant & Wat	1
1:01.05	607	F	03/04/16	Guildford City Springboard Level 1 Open Meet	Guildford		1
1:01.20	603	H	06/08/15	ASA Summer Nationals 2015	Sheffield	Havant & Wat	1
1:01.21	602	H	15/03/15	Hampshire County ASA Championships	Portsmouth		1
1:01.30	600	H	12/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Havant & Wat	1
1:01.39	597	H	04/02/18	Hampshire County Championships 2018	Mountbatten LC	Havant & Wat	1
1:01.42	596	H	07/02/16	Hampshire County Swimming Championships 2016	Portsmouth	Havant & Wat	1
1:01.43	596	H	15/03/15	Hampshire County ASA Championships	Portsmouth		1
1:01.48	595	F	06/08/15	ASA Summer Nationals 2015	Sheffield	Havant & Wat	1
1:01.53	593	H	17/05/15	ASASER Swimming Championships	Crawley		1
1:01.54	593	F	25/03/17	Guildford City Springboard Level 1 Open Meet	Surrey	Havant & Wat	1
1:01.57	592	F	16/12/17	Portsmouth Northsea Christmas Meet	Portsmouth	Havant & Wat	3
1:01.60	591	H	07/02/16	Hampshire County Swimming Championships 2016	Portsmouth	Havant & Wat	1
1:01.75	587	F	15/07/18	Portsmouth Northsea End of Season Meet 2018	Mountbatten SC	Havant & Wat	3
1:01.88	583	H	17/05/15	ASASER Swimming Championships	Crawley		1
1:02.12	576	F	04/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth		1
1:02.18	575	H	14/06/14	ASA South East Region Age Group Championships	Crawley	Havant & Wat	1
1:02.27	572	F	04/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth		1
1:02.32	571	H	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent	Havant & Wat	1
1:02.38	569	F	07/04/18	Guildford City L1 Spring Open Meet	Surrey	Havant & Wat	1
1:02.46	567	H	01/11/14	City of Coventry November Open Meet	Coventry	Havant & Wat	1

1:02.46	567	F	01/11/14	City of Coventry November Open Meet	Coventry	Havant & Wat	1
1:02.62	563	F	14/06/14	ASA South East Region Age Group Championships	Crawley	Havant & Wat	1
1:02.74	559	H	04/02/18	Hampshire County Championships 2018	Mountbatten LC	Havant & Wat	1
1:03.08	550	F	15/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	Havant & Wat	3
1:03.72	534	H	19/04/19	Portsmouth Northsea Easter Meet	Mountbatten SC	Havant & Wat	1
1:12.14	368	F	16/12/12	Portsmouth & Northsea Christmas Cracker	Portsmouth	Havant & Wat	1
1:13.31	350	H	08/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Havant & Wat	1
1:21.70	253	F	18/06/11	Portsmouth Northsea Sprint Meet	Portsmouth	Havant & Wat	3

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