

Individual Best Times (All Time)

Benjamin Stanford - (780153) - Swim England Talent Club - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------------|-----------------|-------|
| 1:54.82 | 701 | F | 01/08/16 | ASA Summer Nationals 2016 | Sheffield | Co Birm'ham | 1 |
| 1:55.10 | 695 | H | 23/04/17 | British Swimming Championships 2017 | Sheffield | Co Birm'ham | 1 |
| 1:55.62 | 686 | F | 29/07/15 | British Summer Championships | Sheffield | | 1 |
| 1:55.78 | 683 | H | 21/05/17 | Derventio Excel 1st May Meet | Sheffield | Co Birm'ham | 1 |
| 1:56.43 | 672 | H | 30/01/16 | Burns Open Meet 2016 | Sheffield | Co Birm'ham | 1 |
| 1:57.15 | 660 | H | 18/04/15 | British Championships 2015 | London | | 1 |
| 1:57.41 | 655 | H | 14/05/16 | City of Sheffield Swim Squad No Frills Meet | Sheffield | Co Birm'ham | 1 |
| 1:57.60 | 652 | F | 27/02/16 | Aquae Sulis Spring Grand Prix | Bristol | Co Birm'ham | 1 |
| 1:57.64 | 651 | H | 29/07/15 | British Summer Championships | Sheffield | | 1 |
| 1:57.71 | 650 | H | 01/08/16 | ASA Summer Nationals 2016 | Sheffield | Co Birm'ham | 1 |
| 1:58.02 | 645 | F | 07/05/16 | Manchester Open Meet 2016 | Manchester | | 1 |
| 1:58.04 | 645 | H | 23/05/15 | City of Sheffield Swim Squad No Frills Meet | Sheffield | | 1 |
| 1:58.49 | 637 | H | 14/01/17 | 16th City of Derby Long Course Open Meet | Sheffield | Co Birm'ham | 1 |
| 1:58.50 | 637 | F | 02/05/15 | Midland Swimming Spring Championships 2015 | Corby | | 1 |
| 1:58.86 | 631 | F | 22/10/16 | Neath Level 1 Open Meet | Swansea | Co Birm'ham | 1 |
| 1:59.57 | 620 | H | 31/01/15 | 17th Luxembourg Euro Meet | Luxembourg | | 1 |
| 1:59.65 | 619 | H | 24/01/15 | Burns Open Meet 2015 | Sheffield | | 1 |
| 1:59.91 | 615 | H | 11/03/17 | ESSA 67th National Inter-Divisiona Championships | Liverpool | | 1 |
| 2:00.03 | 613 | F | 15/06/14 | Midland Age Group Championships 2014 | Coventry | | 1 |
| 2:00.11 | 612 | F | 29/01/17 | Warwickshire Swimming Championships | Coventry | Boldmere | 1 |
| 2:00.15 | 611 | H | 02/05/15 | Midland Swimming Spring Championships 2015 | Corby | | 1 |
| 2:00.24 | 610 | F | 27/07/13 | BG ASA National Age Groups 2013 | Sheffield | Co Birm'ham | 1 |
| 2:00.28 | 609 | H | 01/06/14 | City of Sheffield No Frills Meet | Sheffield | | 1 |
| 2:01.04 | 598 | H | 04/03/17 | ISM Berlin 2017 | Berlin | Co Birm'ham | 1 |
| 2:01.21 | 595 | H | 05/09/15 | UK School Games 2015 | Manchester | | 1 |
| 2:01.21 | 595 | H | 23/01/16 | Flanders Speedo Cup 2016 | Antwerp, Belgium | | 1 |
| 2:01.27 | 592 | H | 15/06/14 | Midland Age Group Championships 2014 | Coventry | | 1 |

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|---------|-----|---|----------|--|------------|-------------|---|
| 2:01.57 | 595 | H | 13/06/14 | Midland Age Group Championships 2014 | Coventry | | |
| 2:01.48 | 591 | H | 29/01/17 | Warwickshire Swimming Championships | Coventry | Boldmere | 1 |
| 2:01.84 | 586 | H | 08/03/14 | Warwickshire ASA County Championships | Coventry | Co Birm'ham | 1 |
| 2:02.10 | 582 | F | 09/06/13 | Midland Age Groups Championships | Coventry | Co Birm'ham | 1 |
| 2:02.57 | 576 | H | 27/07/13 | BG ASA National Age Groups 2013 | Sheffield | Co Birm'ham | 1 |
| 2:02.71 | 574 | H | 11/01/14 | City of Derby Long Course L1 Meet | Sheffield | Co Birm'ham | 1 |
| 2:02.98 | 570 | H | 26/01/14 | Central Zonal Meet 2014 | Corby | Co Birm'ham | 1 |
| 2:03.12 | 568 | F | 28/01/18 | Warwickshire ASA Swimming Championships 2018 | Coventry | Boldmere | 1 |
| 2:03.27 | 566 | H | 29/06/13 | ESSA National Inter-Divisional Meet 2013 | Liverpool | Co Birm'ham | 1 |
| 2:03.62 | 561 | H | 09/06/13 | Midland Age Groups Championships | Coventry | Co Birm'ham | 1 |
| 2:03.77 | 559 | H | 26/03/17 | City of Sheffield Premier Meet | Sheffield | Co Birm'ham | 1 |
| 2:03.96 | 557 | H | 18/05/13 | Rotherham Metro Level 1 Open Meet | Sheffield | Co Birm'ham | 1 |
| 2:04.45 | 550 | H | 01/11/14 | City of Coventry November Open Meet | Coventry | | 1 |
| 2:05.94 | 531 | F | 25/07/12 | BG ASA National Age Groups Championships | Sheffield | Co Birm'ham | 1 |
| 2:06.00 | 530 | H | 27/01/13 | ASA Central Region Zonal Competition | Corby | Co Birm'ham | 1 |
| 2:06.09 | 529 | F | 16/12/12 | City of Manchester Snow Pen 2012 | Manchester | Co Birm'ham | 1 |
| 2:06.43 | 525 | H | 28/01/18 | Warwickshire ASA Swimming Championships 2018 | Coventry | Boldmere | 1 |
| 2:07.64 | 510 | H | 12/01/13 | City of Derby 12th Long Course Open Meet | Sheffield | Co Birm'ham | 1 |
| 2:08.56 | 499 | H | 09/03/13 | Warwickshire County Championships | Coventry | Co Birm'ham | 1 |
| 2:09.50 | 488 | F | 03/06/12 | Midlands Age Group Championships | Coventry | Co Birm'ham | 1 |
| 2:09.78 | 485 | H | 03/06/12 | Midlands Age Group Championships | Coventry | Co Birm'ham | 1 |
| 2:10.31 | 479 | H | 29/04/12 | Derventio Excel Swimming Squad 6th Open | Sheffield | Co Birm'ham | 1 |
| 2:11.13 | 470 | H | 25/07/12 | BG ASA National Age Groups Championships | Sheffield | Co Birm'ham | 1 |
| 2:15.77 | 424 | H | 15/01/12 | City of Derby 11th Long Course Open Meet | Sheffield | Co Birm'ham | 1 |
| 2:16.35 | 418 | H | 10/03/12 | Warwickshire County Championships | Coventry | Co Birm'ham | 1 |
| 2:16.58 | 416 | H | 18/12/11 | Plymouth Leander Long Course Open | Millfield | Co Birm'ham | 1 |
| 2:17.75 | 405 | F | 24/07/11 | British Gas ASA NAG Championships 2011 | Sheffield | Co Birm'ham | 1 |
| 2:20.00 | 386 | F | 05/06/11 | BG Midlands Age Group Championships | Coventry | Co Birm'ham | 1 |
| 2:20.03 | 386 | H | 24/07/11 | British Gas ASA NAG Championships 2011 | Sheffield | Co Birm'ham | 1 |
| 2:20.90 | 379 | H | 05/06/11 | BG Midlands Age Group Championships | Coventry | Co Birm'ham | 1 |
| 2:22.20 | 369 | H | 14/05/11 | Rotherham Metro Level One Meet | Sheffield | Co Birm'ham | 1 |
| 2:26.26 | 339 | H | 09/01/11 | City of Derby 10th Long Course Open Meet | Sheffield | Co Birm'ham | 1 |
| 2:27.14 | 333 | H | 12/03/11 | Warwickshire County Championships | Coventry | Co Birm'ham | 1 |
| 2:40.92 | 254 | H | 05/06/10 | BG Midland Age Groups | Coventry | Co Birm'ham | 1 |
| 2:43.34 | 243 | H | 13/03/10 | Warwickshire County Champs | Coventry | Co Birm'ham | 1 |
| 2:50.09 | 215 | H | 16/01/10 | Rotherham Metro A&B Meet | Sheffield | Co Birm'ham | 3 |

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| 2:03.12 | 568 | F | 28/01/18 | Warwickshire ASA Swimming Championships 2018 | Coventry | Boldmere | 1 |
| 2:06.43 | 525 | H | 28/01/18 | Warwickshire ASA Swimming Championships 2018 | Coventry | Boldmere | 1 |
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| 1:55.10 | 695 | H | 23/04/17 | British Swimming Championships 2017 | Sheffield | Co Birm'ham | 1 |
| 2:03.77 | 559 | H | 26/03/17 | City of Sheffield Premier Meet | Sheffield | Co Birm'ham | 1 |
| 1:59.91 | 615 | H | 11/03/17 | ESSA 67th National Inter-Divisiona Championships | Liverpool | | 1 |
| 2:01.04 | 598 | H | 04/03/17 | ISM Berlin 2017 | Berlin | Co Birm'ham | 1 |
| 2:00.11 | 612 | F | 29/01/17 | Warwickshire Swimming Championships | Coventry | Boldmere | 1 |
| 2:01.48 | 591 | H | 29/01/17 | Warwickshire Swimming Championships | Coventry | Boldmere | 1 |
| 1:58.49 | 637 | H | 14/01/17 | 16th City of Derby Long Course Open Meet | Sheffield | Co Birm'ham | 1 |
| 1:58.86 | 631 | F | 22/10/16 | Neath Level 1 Open Meet | Swansea | Co Birm'ham | 1 |
| 1:54.82 | 701 | F | 01/08/16 | ASA Summer Nationals 2016 | Sheffield | Co Birm'ham | 1 |
| 1:57.71 | 650 | H | 01/08/16 | ASA Summer Nationals 2016 | Sheffield | Co Birm'ham | 1 |
| 1:57.41 | 655 | H | 14/05/16 | City of Sheffield Swim Squad No Frills Meet | Sheffield | Co Birm'ham | 1 |

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| 2:01.21 | 595 | H | 23/01/16 | Flanders Speedo Cup 2016 | Antwerp, Belgium | | 1 |
| 2:01.21 | 595 | H | 05/09/15 | UK School Games 2015 | Manchester | | 1 |
| 1:55.62 | 686 | F | 29/07/15 | British Summer Championships | Sheffield | | 1 |
| 1:57.64 | 651 | H | 29/07/15 | British Summer Championships | Sheffield | | 1 |
| 1:58.04 | 645 | H | 23/05/15 | City of Sheffield Swim Squad No Frills Meet | Sheffield | | 1 |
| 1:58.50 | 637 | F | 02/05/15 | Midland Swimming Spring Championships 2015 | Corby | | 1 |
| 2:00.15 | 611 | H | 02/05/15 | Midland Swimming Spring Championships 2015 | Corby | | 1 |
| 1:57.15 | 660 | H | 18/04/15 | British Championships 2015 | London | | 1 |
| 1:59.57 | 620 | H | 31/01/15 | 17th Luxembourg Euro Meet | Luxembourg | | 1 |
| 1:59.65 | 619 | H | 24/01/15 | Burns Open Meet 2015 | Sheffield | | 1 |
| 2:04.45 | 550 | H | 01/11/14 | City of Coventry November Open Meet | Coventry | | 1 |
| 2:00.03 | 613 | F | 15/06/14 | Midland Age Group Championships 2014 | Coventry | | 1 |
| 2:01.37 | 593 | H | 15/06/14 | Midland Age Group Championships 2014 | Coventry | | 1 |
| 2:00.28 | 609 | H | 01/06/14 | City of Sheffield No Frills Meet | Sheffield | | 1 |
| 2:01.84 | 586 | H | 08/03/14 | Warwickshire ASA County Championships | Coventry | Co Birm'ham | 1 |
| 2:02.98 | 570 | H | 26/01/14 | Central Zonal Meet 2014 | Corby | Co Birm'ham | 1 |
| 2:02.71 | 574 | H | 11/01/14 | City of Derby Long Course L1 Meet | Sheffield | Co Birm'ham | 1 |
| 2:00.24 | 610 | F | 27/07/13 | BG ASA National Age Groups 2013 | Sheffield | Co Birm'ham | 1 |
| 2:02.57 | 576 | H | 27/07/13 | BG ASA National Age Groups 2013 | Sheffield | Co Birm'ham | 1 |
| 2:03.27 | 566 | H | 29/06/13 | ESSA National Inter-Divisional Meet 2013 | Liverpool | Co Birm'ham | 1 |
| 2:02.10 | 582 | F | 09/06/13 | Midland Age Groups Championships | Coventry | Co Birm'ham | 1 |
| 2:03.62 | 561 | H | 09/06/13 | Midland Age Groups Championships | Coventry | Co Birm'ham | 1 |
| 2:03.96 | 557 | H | 18/05/13 | Rotherham Metro Level 1 Open Meet | Sheffield | Co Birm'ham | 1 |
| 2:08.56 | 499 | H | 09/03/13 | Warwickshire County Championships | Coventry | Co Birm'ham | 1 |
| 2:06.00 | 530 | H | 27/01/13 | ASA Central Region Zonal Competition | Corby | Co Birm'ham | 1 |
| 2:07.64 | 510 | H | 12/01/13 | City of Derby 12th Long Course Open Meet | Sheffield | Co Birm'ham | 1 |
| 2:06.09 | 529 | F | 16/12/12 | City of Manchester Snow Pen 2012 | Manchester | Co Birm'ham | 1 |
| 2:05.94 | 531 | F | 25/07/12 | BG ASA National Age Groups Championships | Sheffield | Co Birm'ham | 1 |
| 2:11.13 | 470 | H | 25/07/12 | BG ASA National Age Groups Championships | Sheffield | Co Birm'ham | 1 |
| 2:09.50 | 488 | F | 03/06/12 | Midlands Age Group Championships | Coventry | Co Birm'ham | 1 |
| 2:09.78 | 485 | H | 03/06/12 | Midlands Age Group Championships | Coventry | Co Birm'ham | 1 |
| 2:10.31 | 479 | H | 29/04/12 | Derventio Excel Swimming Squad 6th Open | Sheffield | Co Birm'ham | 1 |
| 2:16.35 | 418 | H | 10/03/12 | Warwickshire County Championships | Coventry | Co Birm'ham | 1 |
| 2:15.77 | 424 | H | 15/01/12 | City of Derby 11th Long Course Open Meet | Sheffield | Co Birm'ham | 1 |
| 2:16.58 | 416 | H | 18/12/11 | Plymouth Leander Long Course Open | Millfield | Co Birm'ham | 1 |
| 2:17.75 | 405 | F | 24/07/11 | British Gas ASA NAG Championships 2011 | Sheffield | Co Birm'ham | 1 |
| 2:20.03 | 386 | H | 24/07/11 | British Gas ASA NAG Championships 2011 | Sheffield | Co Birm'ham | 1 |
| 2:20.00 | 386 | F | 05/06/11 | BG Midlands Age Group Championships | Coventry | Co Birm'ham | 1 |
| 2:20.90 | 379 | H | 05/06/11 | BG Midlands Age Group Championships | Coventry | Co Birm'ham | 1 |
| 2:22.20 | 369 | H | 14/05/11 | Rotherham Metro Level One Meet | Sheffield | Co Birm'ham | 1 |
| 2:27.14 | 333 | H | 12/03/11 | Warwickshire County Championships | Coventry | Co Birm'ham | 1 |
| 2:26.26 | 339 | H | 09/01/11 | City of Derby 10th Long Course Open Meet | Sheffield | Co Birm'ham | 1 |
| 2:40.92 | 254 | H | 05/06/10 | BG Midland Age Groups | Coventry | Co Birm'ham | 1 |
| 2:43.34 | 243 | H | 13/03/10 | Warwickshire County Champs | Coventry | Co Birm'ham | 1 |
| 2:50.09 | 215 | H | 16/01/10 | Rotherham Metro A&B Meet | Sheffield | Co Birm'ham | 3 |