

Individual Best Times (All Time)

Benjamin Stanford - (780153) - Swim England Talent Club - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:15.99	589	F	28/01/17	Warwickshire Swimming Championships	Coventry	Boldmere	1
2:17.71	567	F	08/05/16	Manchester Open Meet 2016	Manchester		1
2:17.94	564	H	31/05/14	City of Sheffield No Frills Meet	Sheffield		1
2:18.22	561	F	25/07/13	BG ASA National Age Groups 2013	Sheffield	Co Birm'ham	1
2:18.31	559	H	24/01/15	Burns Open Meet 2015	Sheffield		1
2:18.75	554	H	31/01/15	17th Luxembourg Euro Meet	Luxembourg		1
2:18.82	553	H	08/04/17	The National Arena Swimming League 16th B Final	Cardiff	Boldmere	1
2:18.92	552	H	28/01/17	Warwickshire Swimming Championships	Coventry	Boldmere	1
2:18.97	552	F	15/06/14	Midland Age Group Championships 2014	Coventry		1
2:20.03	539	H	15/06/14	Midland Age Group Championships 2014	Coventry		1
2:20.11	538	F	11/01/14	City of Derby Long Course L1 Meet	Sheffield	Co Birm'ham	1
2:20.27	536	H	25/01/14	Central Zonal Meet 2014	Corby	Co Birm'ham	1
2:20.55	533	H	25/07/13	BG ASA National Age Groups 2013	Sheffield	Co Birm'ham	1
2:20.67	532	H	03/05/15	Midland Swimming Spring Championships 2015	Corby		1
2:20.95	529	F	09/06/13	Midland Age Groups Championships	Coventry	Co Birm'ham	1
2:21.32	524	H	30/06/13	ESSA National Inter-Divisional Meet 2013	Liverpool	Co Birm'ham	1
2:21.39	524	H	27/01/18	Warwickshire ASA Swimming Championships 2018	Coventry	Boldmere	1
2:21.42	523	H	11/01/14	City of Derby Long Course L1 Meet	Sheffield	Co Birm'ham	1
2:21.51	522	H	15/03/14	Warwickshire County Championships	Coventry	Co Birm'ham	1
2:22.07	516	F	25/01/14	Central Zonal Meet 2014	Corby	Co Birm'ham	1
2:22.63	510	H	01/11/14	City of Coventry November Open Meet	Coventry		1
2:22.86	508	H	19/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	Co Birm'ham	1
2:23.31	503	H	09/06/13	Midland Age Groups Championships	Coventry	Co Birm'ham	1
2:24.57	490	F	27/01/18	Warwickshire ASA Swimming Championships 2018	Coventry	Boldmere	1
2:26.30	473	F	15/12/12	City of Manchester Snow Pen 2012	Manchester	Co Birm'ham	1
2:26.77	468	H	12/01/13	City of Derby 12th Long Course Open Meet	Sheffield	Co Birm'ham	1
2:27.78	458	H	02/11/14	City of Coventry November Open Meet	Coventry	Co Birm'ham	1

2:27.19	430	F	03/11/12	City of Coventry November Open Meet	Coventry	Co Birm'ham	1
2:28.11	455	H	16/03/13	Warwickshire County Championships	Coventry	Co Birm'ham	1
2:29.13	446	F	23/07/12	BG ASA National Age Groups Championships	Sheffield	Co Birm'ham	1
2:29.23	445	F	19/05/12	Northampton SC May Open Meet	Corby	Co Birm'ham	1
2:29.37	444	F	10/06/12	Midland Age Group Championships	Coventry	Co Birm'ham	1
2:29.87	440	H	10/06/12	Midland Age Group Championships	Coventry	Co Birm'ham	1
2:30.93	430	H	23/07/12	BG ASA National Age Groups Championships	Sheffield	Co Birm'ham	1
2:31.23	428	H	19/05/12	Northampton SC May Open Meet	Corby	Co Birm'ham	1
2:36.53	386	H	15/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Co Birm'ham	1
2:37.26	380	H	17/03/12	Warwickshire County Championships	Coventry	Co Birm'ham	1
2:37.60	378	H	17/12/11	Plymouth Leander Long Course Open	Millfield	Co Birm'ham	1
2:44.99	329	H	14/05/11	Rotherham Metro Level One Meet	Sheffield	Co Birm'ham	1
2:45.78	325	H	12/06/11	BG Midlands Age Group Championships	Coventry	Co Birm'ham	1
2:49.33	305	H	09/01/11	City of Derby 10th Long Course Open Meet	Sheffield	Co Birm'ham	1
2:52.46	288	H	19/03/11	Warwickshire County Championships	Coventry	Co Birm'ham	1
3:08.32	221	H	09/05/10	City of Coventry May Open	Coventry	Co Birm'ham	1
3:17.11	193	H	20/03/10	Warwickshire County Champs	Coventry	Co Birm'ham	1

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