

Individual Best Times (All Time)

Holly Smith - (774764) - South Tyneside SC - 400 Individual Medley - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
7:18.59	222	H	01/11/14	City of Sunderland Firecracker Meet	Sunderland		3

Swims in Date Order

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