

# Individual Best Times (All Time)

Danielle Case - (772777) - Swim Bournemouth - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet  | Venue      | Club Swam Under | Level |
|---------|--------|-------|----------|---|------------|-----------------|-------|
| 4:58.56 | 490    | F     | 03/04/15 | Portsmouth Northsea Easter Festival L1 Meet | Portsmouth | S Bournem'th    | 1     |
| 4:59.11 | 487    | F     | 26/03/16 | Exeter City Easter Meet 2016                | Millfield  | S Bournem'th    | 1     |
| 5:02.08 | 473    | F     | 09/01/16 | United Bristol New Year Open Meet           | Bristol    | S Bournem'th    | 1     |
| 5:03.28 | 467    | F     | 24/07/16 | Plymouth Leander Summer L3 LC Open          | Plymouth   | S Bournem'th    | 3     |
| 5:03.49 | 466    | H     | 14/06/14 | ASA South West Region AG Championships      | Bristol    | S Bournem'th    | 1     |
| 5:08.72 | 443    | F     | 18/04/14 | Portsmouth Northsea Easter Swim Festival    | Portsmouth | S Bournem'th    | 1     |
| 5:14.23 | 420    | F     | 30/03/13 | Portsmouth Northsea Easter Festival 2013    | Portsmouth | S Bournem'th    | 1     |
| 5:17.38 | 407    | H     | 08/06/13 | ASA South West Region Age Groups 2013       | Millfield  | S Bournem'th    | 1     |
| 5:30.38 | 361    | F     | 17/11/12 | Welsh Capital Open Meet 2012                | Cardiff    | S Bournem'th    | 1     |
| 5:55.29 | 290    | H     | 20/05/12 | Bracknell & Wokingham SC Open Meet          | Aldershot  | S Bournem'th    | 1     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet  | Venue      | Club Swam Under | Level |
|---------|--------|-------|----------|---|------------|-----------------|-------|
| 5:03.28 | 467    | F     | 24/07/16 | Plymouth Leander Summer L3 LC Open          | Plymouth   | S Bournem'th    | 3     |
| 4:59.11 | 487    | F     | 26/03/16 | Exeter City Easter Meet 2016                | Millfield  | S Bournem'th    | 1     |
| 5:02.08 | 473    | F     | 09/01/16 | United Bristol New Year Open Meet           | Bristol    | S Bournem'th    | 1     |
| 4:58.56 | 490    | F     | 03/04/15 | Portsmouth Northsea Easter Festival L1 Meet | Portsmouth | S Bournem'th    | 1     |
| 5:03.49 | 466    | H     | 14/06/14 | ASA South West Region AG Championships      | Bristol    | S Bournem'th    | 1     |
| 5:08.72 | 443    | F     | 18/04/14 | Portsmouth Northsea Easter Swim Festival    | Portsmouth | S Bournem'th    | 1     |
| 5:17.38 | 407    | H     | 08/06/13 | ASA South West Region Age Groups 2013       | Millfield  | S Bournem'th    | 1     |
| 5:14.23 | 420    | F     | 30/03/13 | Portsmouth Northsea Easter Festival 2013    | Portsmouth | S Bournem'th    | 1     |
| 5:30.38 | 361    | F     | 17/11/12 | Welsh Capital Open Meet 2012                | Cardiff    | S Bournem'th    | 1     |
| 5:55.29 | 290    | H     | 20/05/12 | Bracknell & Wokingham SC Open Meet          | Aldershot  | S Bournem'th    | 1     |