

# Individual Best Times (All Time)

Matthew Broughton - (771828) - City of Linc Pentaqua SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:21.63	595	H	28/05/17	ASA EM Region Youth Champs 2017	Sheffield	Co Lincoln P	1
4:22.09	592	H	22/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	Co Lincoln P	1
4:26.27	564	H	25/07/17	British Summer Championships	Sheffield	Co Lincoln P	1
4:42.03	475	F	28/05/17	ASA EM Region Youth Champs 2017	Sheffield	Co Lincoln P	1
4:48.00	446	H	19/12/15	Northampton 2015 Long Course Winter Festival	Corby	Co Lincoln P	1
4:50.38	435	H	06/06/15	Midlands Championships 2015	Coventry		1
4:52.60	425	H	17/05/15	Rotherham Metro Level One Long Course Meet	Sheffield		1
4:54.89	415	H	12/04/15	Derventio Excel 9th Open Meet	Sheffield		1
5:16.22	337	H	15/06/14	Midland Age Group Championships 2014	Coventry		1

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