Individual Best Times (All Time)

Sarah March - (770518) - City of Sunderland ASC - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:49.02	538	С	27/05/18	2018 Glasgow International Swim Meet	Glasgow	Gates &Whick	1
2:49.85	531	F	05/05/18	East District Open Championships	Edinburgh	Gates &Whick	1
2:51.06	519	Н	20/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	Gates &Whick	1
2:52.71	505	F	03/02/18	N & D 2018 Championships	Sunderland	Gates &Whick	1
2:52.71	505	F	03/02/18	N & D 2018 Championships	Sunderland	Gates &Whick	1
2:52.76	504	Н	05/05/18	East District Open Championships	Edinburgh	Gates &Whick	1
2:52.93	503	Н	27/05/18	2018 Glasgow International Swim Meet	Glasgow	Gates & Whick	1
2:52.99	502	Н	30/06/18	Scottish National Open Championships	Tollcross	Gates &Whick	1
2:53.21	500	Н	03/02/18	N & D 2018 Championships	Sunderland	Gates & Whick	1
2:53.21	500	Н	03/02/18	N & D 2018 Championships	Sunderland	Gates & Whick	1
2:53.38	499	Н	14/01/18	City of Sunderland New Year Meet 2018	Sunderland	Gates & Whick	1
2:53.59	497	Н	05/11/17	ASA North East Region Senior Junior Champs	Sheffield	Gates & Whick	1
2:53.59	497	Н	01/08/18	Swim England National Summer Meet	Sheffield	Gates & Whick	1
2:54.54	489	Н	25/03/18	City of Sunderland National Qualifier	Sunderland	Gates & Whick	1
2:54.88	486	Н	28/05/16	ASANER Regional Championships 2016	Sheffield	Gates & Whick	1
2:55.57	480	Н	14/05/17	City of Sheffield No Frills Meet	Sheffield	Gates & Whick	1
2:55.81	478	Н	28/05/17	East District Long Course Open Meet	Edinburgh	Gates & Whick	1
2:56.32	474	Н	12/03/17	Edinburgh International Meet 2017	Edinburgh	Gates & Whick	1
2:56.43	473	F	28/05/16	ASANER Regional Championships 2016	Sheffield	Gates & Whick	1
2:56.48	473	Н	21/05/17	Derventio Excel 1st May Meet	Sheffield	Gates & Whick	1
2:56.91	470	Н	02/07/16	Scottish National Open Championships	Glasgow	Gates & Whick	1
2:57.44	465	Н	05/05/19	Swim England North East Region Championships (50)	Sheffield	Co Sund'land	1
2:58.28	459	Н	01/07/17	Scottish National Open Championships	Aberdeen	Gates & Whick	1
2:58.30	459	Н	06/07/19	City of Sunderland ASC Summer Splash 2019	Sunderland	Co Sund'land	3
2:58.55	457	Н	25/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	Gates &Whick	1
2:58.61	456	Н	22/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	Gates &Whick	1
opyright 202	440	F	05/00/17	Northumberland & Durham CA 2017 Championshing	Cundarland	Powered By SPOR	TSYSTEN

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3:01.54	434	Н	17/01/16	City of Sunderland New Year Meet	Sunderland	Gates & Whick	1
3:01.73	433	Н	02/04/17	City of Sunderland National Qualifier 2017	Sunderland	Gates & Whick	1
3:02.41	428	Н	27/02/16	Northumberland & Durham County Champs	Sunderland	Gates & Whick	1
3:02.97	424	F	27/02/16	Northumberland & Durham County Champs	Sunderland	Gates & Whick	1
3:08.56	388	Н	05/07/15	City of Sunderland Summer Splash 2015	Sunderland		3
3:08.67	387	Н	20/03/16	City of Sunderland National Qualifier	Sunderland	Gates & Whick	1
3:10.81	374	Н	28/02/15	Northumberland & Durham County Championships	Sunderland		1
3:16.03	345	Н	13/07/14	City of Sunderland ASC Summer Splash 2014	Sunderland	Gates & Whick	3
3:16.47	343	Н	08/03/14	Northumberland & Durham SA County Champs	Sunderland	Gates & Whick	1
3:18.36	333	F	08/03/14	Northumberland & Durham SA County Champs	Sunderland	Gates & Whick	1
3:18.99	330	Н	18/01/15	City of Sunderland New Year Meet	Sunderland		1
3:21.29	319	Н	14/06/14	ASA North East Region BG Regional AG Champs	Sheffield	Gates & Whick	1
3:38.07	250	Н	14/07/13	City of Sunderland Summer Splash	Sunderland	Gates & Whick	3

Swims in Date Order

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3:10.81	374	Н	28/02/15	Northumberland & Durham County Championships	Sunderland		1
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