

Individual Best Times (All Time)

Ben Smith - (770082) - Leyland Barracudas Swimming Club - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|------------|-----------------|-------|
| 2:18.46 | 558 | H | 26/01/20 | Lancashire County Age Groups & County Champs | Manchester | Wigan BEST | 1 |
| 2:18.97 | 552 | H | 24/05/19 | Glasgow International Swim Meet | Tollcross | Wigan BEST | 1 |
| 2:19.01 | 551 | H | 31/03/19 | City of Sheffield Swim Squad Premier Meet | Sheffield | Wigan BEST | 1 |
| 2:19.52 | 545 | H | 15/03/20 | Liverpool Spring Open Meet 2020 | Liverpool | Wigan BEST | 1 |
| 2:19.95 | 540 | H | 06/04/19 | Manchester Open 2019 | Manchester | Wigan BEST | 1 |
| 2:19.97 | 540 | H | 27/05/18 | DX 2nd Long Course Open Meet | Sheffield | Co Manch Aq | 1 |
| 2:20.03 | 539 | H | 27/01/19 | Lancs County WPSA Age Groups & Championships 2019 | Manchester | Wigan BEST | 1 |
| 2:20.08 | 538 | H | 28/04/19 | 2019 SENW Summer Championships | Manchester | Wigan BEST | 1 |
| 2:20.18 | 537 | F | 08/07/17 | Summer Non National Qualifier Graded Meet | Manchester | Co Manch Aq | 3 |
| 2:21.68 | 520 | H | 22/10/17 | Manchester International Swim Meet (ISM) 2017 | Manchester | Co Manch Aq | 1 |
| 2:22.27 | 514 | F | 14/05/17 | Manchester Open Meet 2017 | Manchester | Co Manch Aq | 1 |
| 2:22.34 | 513 | F | 01/12/17 | Swim Wales Long Course Championships | Swansea | Co Manch Aq | 1 |
| 2:22.67 | 510 | H | 17/09/17 | The Robin Hood Open Meet 2017 | Sheffield | Co Manch Aq | 3 |
| 2:22.80 | 508 | H | 13/05/18 | Manchester Open Meet 2018 | Manchester | Co Manch Aq | 1 |
| 2:23.81 | 498 | H | 02/04/17 | City of Sunderland National Qualifier 2017 | Sunderland | Co Manch Aq | 1 |
| 2:23.98 | 496 | H | 05/11/17 | Swim England Noth West Region Winter Champs | Manchester | Co Manch Aq | 1 |
| 2:24.11 | 495 | H | 28/01/18 | Lancs County WPSA Age Groups & Championships | Manchester | Co Manch Aq | 1 |
| 2:24.17 | 494 | H | 06/08/15 | ASA Summer Nationals 2015 | Sheffield | | 1 |
| 2:24.63 | 489 | H | 28/04/18 | 2018 SENW Summer Championships | Manchester | Co Manch Aq | 1 |
| 2:24.85 | 487 | H | 01/12/17 | Swim Wales Long Course Championships | Swansea | | 1 |
| 2:24.90 | 486 | F | 09/07/16 | Summer Non National Qualifier LC Graded Meet 2016 | Manchester | Co Manch Aq | 3 |
| 2:24.95 | 486 | H | 29/01/17 | Lancashire County Championships | Manchester | Co Manch Aq | 1 |
| 2:25.03 | 485 | F | 30/05/15 | 2015 North West Regional Championships | Manchester | | 1 |
| 2:25.11 | 484 | H | 30/04/16 | ASA North West Region Summer Championships | Manchester | Co Liverpool | 1 |
| 2:25.26 | 483 | F | 30/04/16 | ASA North West Region Summer Championships | Manchester | Co Liverpool | 1 |
| 2:25.39 | 482 | H | 25/03/18 | City of Sunderland National Qualifier | Sunderland | Co Manch Aq | 1 |
| 2:25.53 | 480 | F | 08/05/16 | Manchester Open Meet 2016 | Manchester | Co Liverpool | 1 |

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|---------|-----|---|----------|--|------------|--------------|---|
| 2:23.33 | 400 | F | 06/03/16 | Manchester Open Meet 2016 | Manchester | Co Liverpool | 1 |
| 2:25.72 | 478 | H | 30/05/15 | 2015 North West Regional Championships | Manchester | | 1 |
| 2:25.85 | 477 | H | 21/05/16 | Nova Centurion May Level 1 Long Course Open Meet | Nottingham | Crosby | 1 |
| 2:25.95 | 476 | F | 03/05/15 | Manchester Open Meet 2015 | Manchester | Co Liverpool | 1 |
| 2:28.16 | 455 | H | 24/01/16 | Lancashire County WPSA Age Group & Championships | Manchester | Crosby | 1 |
| 2:28.63 | 451 | F | 05/11/17 | Swim England Noth West Region Winter Champs | Manchester | Co Manch Aq | 1 |
| 2:29.16 | 446 | F | 21/12/14 | CO Manchester Aquatics Manchester Snow'pen | Manchester | Co Liverpool | 1 |
| 2:35.37 | 395 | H | 22/06/14 | City of Liverpool SC L3 Summer Sprint Meet | Liverpool | | 3 |
| 2:39.52 | 364 | H | 09/03/14 | Lancashire Age Groups & Championships | Manchester | Co Liverpool | 1 |
| 2:41.97 | 348 | H | 18/01/14 | City of Liverpool Winter Meet Plus | Liverpool | Co Liverpool | 1 |
| 2:48.07 | 312 | H | 22/06/13 | City of Liverpool Summer Sprints | Liverpool | Co Liverpool | 3 |
| 2:48.22 | 311 | H | 02/06/13 | BG North West Region 2013 Age Group Champs | Manchester | Co Liverpool | 1 |
| 2:49.01 | 306 | F | 12/05/13 | City of Manchester AST The Manchester Open | Manchester | Co Liverpool | 1 |
| 2:50.70 | 297 | H | 17/03/13 | Lancashire County Championships | Liverpool | Co Liverpool | 1 |
| 2:53.55 | 283 | H | 19/01/13 | City of Liverpool SC L1 Winter Open Meet | Liverpool | Co Liverpool | 1 |
| 3:01.34 | 248 | H | 15/04/12 | Radford SC 30th Open Meet | Sheffield | Co Liverpool | 1 |
| 3:06.24 | 229 | H | 04/03/12 | Lancashire County Championships | Liverpool | Co Liverpool | 1 |
| 3:10.39 | 214 | F | 21/01/12 | City of Liverpool Winter Open Distance Mee | Liverpool | Co Liverpool | 1 |
| 3:27.15 | 166 | F | 25/06/11 | City of Liverpool Summer Meet 2011 | Liverpool | Co Liverpool | 1 |

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| 2:22.27 | 514 | F | 14/05/17 | Manchester Open Meet 2017 | Manchester | Co Manch Aq | 1 |
| 2:23.81 | 498 | H | 02/04/17 | City of Sunderland National Qualifier 2017 | Sunderland | Co Manch Aq | 1 |
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