

Individual Best Times (All Time)

Ben Smith - (770082) - Leyland Barracudas Swimming Club - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.76	462	H	29/04/17	ASA North West Region Summer Championships	Manchester	Co Manch Aq	1
2:25.02	459	H	29/04/18	2018 SENW Summer Championships	Manchester	Co Manch Aq	1
2:25.03	459	F	02/05/15	Manchester Open Meet 2015	Manchester	Co Liverpool	1
2:25.10	458	F	31/05/15	2015 North West Regional Championships	Manchester		1
2:25.49	455	H	31/05/15	2015 North West Regional Championships	Manchester		1
2:27.49	436	H	17/09/17	The Robin Hood Open Meet 2017	Sheffield	Co Manch Aq	3
2:27.63	435	H	18/01/15	City of Liverpool Level 1 Winter Meet Plus	Liverpool		1
2:27.86	433	F	20/12/14	CO Manchester Aquatics Manchester Snow'pen	Manchester	Co Liverpool	1
2:27.90	433	F	29/04/17	ASA North West Region Summer Championships	Manchester	Co Manch Aq	1
2:35.49	372	H	01/06/14	BG North West Age Group Championships	Manchester		1
2:41.43	333	F	21/12/13	City of Manchester Aquatics Snow'pen Meet	Manchester	Co Liverpool	1
2:42.08	329	H	18/01/14	City of Liverpool Winter Meet Plus	Liverpool	Co Liverpool	1
2:55.10	261	H	19/01/13	City of Liverpool SC L1 Winter Open Meet	Liverpool	Co Liverpool	1
3:02.98	228	H	15/04/12	Radford SC 30th Open Meet	Sheffield	Co Liverpool	1
3:07.81	211	H	04/03/12	Lancashire County Championships	Liverpool	Co Liverpool	1
3:11.08	200	F	21/01/12	City of Liverpool Winter Open Distance Mee	Liverpool	Co Liverpool	1

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