

Individual Best Times (All Time)

Mark Laing - (767910) - Halesowen SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:05.77	482	H	18/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	Halesowen	1
1:05.85	481	F	28/02/16	Aquae Sulis Spring Grand Prix	Bristol	Halesowen	1
1:06.12	475	H	15/06/14	Midland Age Group Championships 2014	Coventry	Halesowen	1
1:08.11	434	H	25/01/14	Central Zonal Meet 2014	Corby	Halesowen	1
1:09.99	400	H	15/12/12	Northampton SC Winter Festival Open Meet	Corby	Halesowen	1
1:09.99	400	H	09/06/13	Midland Age Groups Championships	Coventry	Halesowen	1
1:11.07	382	H	09/02/13	Derventio February Festival	Sheffield	Halesowen	1
1:15.85	314	H	20/05/12	Rotherham Metro SC Long Course Open Meet	Sheffield	Halesowen	1
1:16.03	312	H	03/06/12	Midlands Age Group Championships	Coventry	Halesowen	1

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