

Individual Best Times (All Time)

Emily Lawrence - (767744) - Preston Swimming Club - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:16.00	571	F	21/12/14	CO Manchester Aquatics Manchester Snow'pen	Manchester	Preston	1
2:16.17	569	H	31/01/16	Lancashire County WPSA Age Group & Championships	Manchester	Preston	1
2:17.00	558	R	27/07/17	British Summer Championships	Sheffield	Preston	1
2:18.26	543	F	22/12/13	City of Manchester Aquatics Snow'pen Meet	Manchester	Preston	1
2:18.54	540	H	06/12/14	ASA North West Region Winter Championships	Liverpool		1
2:18.92	536	H	10/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	Preston	1
2:19.65	527	H	16/03/14	Lancashire County Championships	Manchester	Preston	1
2:19.73	526	H	04/03/17	FFN Golden Tour Open de la Mediterranee	Marseille		1
2:20.50	518	H	31/05/14	BG North West Age Group Championships	Manchester	Preston	1
2:20.70	515	H	22/03/15	Lancashire County Age Groups & Championships	Manchester		1
2:23.44	486	H	01/06/13	BG North West Region 2013 Age Group Champs	Manchester	Preston	1
2:23.60	485	H	05/02/17	Lancashire County Championships	Manchester	Preston	1
2:24.39	477	H	10/03/13	Lancashire Age Group County Championships	Manchester	Preston	1
2:26.33	458	F	08/05/16	Manchester Open Meet 2016	Manchester	Preston	1
2:28.06	442	F	15/12/12	City of Manchester Snow Pen 2012	Manchester	Preston	1
2:34.12	392	H	18/03/12	Lancashire County Championships	Manchester	Preston	1
2:36.99	371	F	12/05/12	City of Manchester Aquatics Swim Team Open	Manchester	Preston	1
2:45.05	319	H	10/04/11	Lancashire County Championships	Manchester	Preston	1
2:46.76	309	H	04/06/11	BG North West Region Age Group Championshi	Manchester	Preston	1
3:04.27	229	H	21/03/10	Lancashire County Champs	Manchester	Preston	1

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