

# Individual Best Times (All Time)

Emily Lawrence - (767744) - Preston Swimming Club - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
27.51	632	F	02/08/16	ASA Summer Nationals 2016	Sheffield	Preston	1
27.80	612	H	03/02/18	Lancs County WPSA Age Groups & Championships	Manchester	Preston	1
27.80	612	F	03/02/18	Lancs County WPSA Age Groups & Championships	Manchester	Preston	1
27.82	611	F	11/02/24	Lancashire County Championships 2024	Manchester	Preston	1
27.87	607	F	29/04/17	ASA North West Region Summer Championships	Manchester	Preston	1
27.88	607	H	29/04/17	ASA North West Region Summer Championships	Manchester	Preston	1
27.90	606	H	26/03/17	City of Sheffield Premier Meet	Sheffield	Preston	1
27.93	604	H	02/08/16	ASA Summer Nationals 2016	Sheffield	Preston	1
28.14	590	H	11/02/24	Lancashire County Championships 2024	Manchester	Preston	1
28.19	587	H	30/04/16	ASA North West Region Summer Championships	Manchester	Preston	1
28.31	580	H	08/07/23	Richmond Dales ASC Summer Madness Gala 2023	Leeds	Preston	3
28.47	570	F	30/04/16	ASA North West Region Summer Championships	Manchester	Preston	1
28.50	568	H	07/02/15	Derventio Excel February Festival	Sheffield		1
28.61	561	F	30/01/16	Lancashire County WPSA Age Group & Championships	Manchester	Preston	1
28.77	552	H	10/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	Preston	1
29.05	536	F	21/12/13	City of Manchester Aquatics Snow'pen Meet	Manchester	Preston	1
29.26	525	H	30/01/16	Lancashire County WPSA Age Group & Championships	Manchester	Preston	1
29.31	522	F	20/12/14	CO Manchester Aquatics Manchester Snow'pen	Manchester	Preston	1
29.40	517	H	15/03/14	Lancashire County Championships	Manchester	Preston	1
29.57	509	H	06/12/14	ASA North West Region Winter Championships	Liverpool		1
29.97	488	H	20/04/13	The National Arena Swimming League B Final	Cardiff	Preston	1
30.59	459	F	15/12/12	City of Manchester Snow Pen 2012	Manchester	Preston	1
30.69	455	H	09/03/13	Lancashire Age Group County Championships	Manchester	Preston	1
30.86	447	F	09/12/12	Arena League Premier Division Final	Liverpool	Preston	1
32.14	396	H	22/04/12	National Arena League 'B' Final	Sheffield	Preston	1
32.38	387	H	17/03/12	Lancashire County Championships	Manchester	Preston	1
35.18	388	H	09/04/11	Lancashire County Championships	Manchester	Preston	1

35.19	302	H	09/04/11	Lancashire County Championships	Manchester	Preston	
37.71	245	H	20/03/10	Lancashire County Champs	Manchester	Preston	1

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