

Individual Best Times (All Time)

Jake Williams - (764052) - City of Cambridge SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.20	582	H	01/05/17	ASA South East Region Championships 2017	Wycombe	Havant & Wat	1
28.63	556	H	01/05/17	ASA South East Region Championships 2017	Wycombe	Havant & Wat	1
29.12	528	F	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	West Wight	1
29.20	524	H	12/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Havant & Wat	1
29.22	523	H	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	West Wight	1
29.25	521	H	29/05/16	Plymouth Leander Level 1 National Qualifier 2016	Plymouth		1
29.30	519	H	02/05/16	ASA South East Region Swimming Championships	Portsmouth	West Wight	1
29.30	519	H	12/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Havant & Wat	1
29.36	516	H	07/01/17	UBSC New Year L1 Open Meet	Bristol		1
29.42	512	H	28/05/16	City of Cardiff Open Meet	Cardiff	West Wight	1
29.53	507	H	07/02/16	Hampshire County Swimming Championships 2016	Portsmouth	West Wight	1
29.58	504	H	07/02/16	Hampshire County Swimming Championships 2016	Portsmouth	West Wight	1
29.65	501	F	07/01/17	UBSC New Year L1 Open Meet	Bristol		1
29.77	495	H	09/01/16	United Bristol New Year Open Meet	Bristol		1
29.78	494	H	17/02/18	BUCS Long Course Swimming Championships	Sheffield		1
29.80	493	H	16/02/19	BUCS Long Course Swimming Championships 2019	Sheffield		1
29.84	491	H	15/02/20	Speedo and BUCS Long Course Swimming Champs 2020	Sheffield		1
29.96	485	F	09/01/16	United Bristol New Year Open Meet	Bristol		1
29.97	485	H	05/11/17	East Region Winter Championships	Norwich	Co Norwich	1
30.22	473	H	03/02/19	Norfolk County Championships 2019	Norwich	Co Norwich	1
30.31	469	H	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent		1
30.32	468	F	03/02/19	Norfolk County Championships 2019	Norwich	Co Norwich	1
31.05	436	H	15/03/15	Hampshire County ASA Championships	Portsmouth	West Wight	1
31.34	424	H	07/06/14	Cardiff International Open Meet	Cardiff	West Wight	1
31.77	407	H	19/04/19	CoNSC EASTER MEET 2019	Norwich	Co Norwich	1
32.00	398	H	05/07/14	Rushmoor Royals SC Summer Open Meet	Aldershot	West Wight	3
32.20	387	H	16/02/14	Hampshire County Championships	Portsmouth	West Wight	1

32.30	307		16/03/14	Hampshire County Championships	Portsmouth	West Wight	1
32.45	382	H	24/04/14	Malta Klikk Easter Meet	Malta	West Wight	1
32.47	381	F	01/12/13	Portsmouth Northsea Cracker Meet	Portsmouth	West Wight	1
32.86	368	H	18/01/14	Rushmoor Royals January L1 Open Meet	Crawley	West Wight	1
33.94	334	F	31/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	West Wight	1
34.29	323	F	31/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	West Wight	1
36.74	263	F	15/07/12	Portsmouth Northsea End of Season Meet	Portsmouth	West Wight	3
37.61	245	F	10/07/11	Portsmouth Northsea Non Qualifier Meet	Portsmouth	West Wight	3
38.09	236	F	07/10/12	Portsmouth Northsea SC Level 3 Open Meet	Portsmouth	West Wight	3
38.54	228	H	24/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	West Wight	1
39.03	219	F	24/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	West Wight	1
40.30	199	F	18/06/11	Portsmouth Northsea Sprint Meet	Portsmouth	West Wight	3
40.38	198		02/04/10	Portsmouth Northsea Easter Meet	Portsmouth	West Wight	1
42.23	173		02/04/10	Portsmouth Northsea Easter Meet	Portsmouth	West Wight	1
42.49	170		24/01/10	Portsmouth Northsea Junior Meet	Portsmouth	West Wight	1

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40.38	198		02/04/10	Portsmouth Northsea Easter Meet	Portsmouth	West Wight	1
42.49	170		24/01/10	Portsmouth Northsea Junior Meet	Portsmouth	West Wight	1