

Individual Best Times (All Time)

Charlie Cavens - (763193) - Warrender Baths Club - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|-------------------|-----------------|-------|
| 2:22.58 | 644 | H | 04/04/14 | Scottish Gas National Open Championships | Glasgow | Warrender Ba | 1 |
| 2:22.74 | 642 | F | 02/04/15 | Scottish National Age Group Championships | Aberdeen | Warrender Ba | 1 |
| 2:22.87 | 640 | F | 31/01/15 | Brodies Scottish Schools Championships | Aberdeen | | 1 |
| 2:23.07 | 637 | F | 18/01/15 | SASA West District Grand Prix | Glasgow | Warrender Ba | 1 |
| 2:23.48 | 632 | F | 04/04/14 | Scottish Gas National Open Championships | Glasgow | Warrender Ba | 1 |
| 2:23.94 | 626 | F | 26/06/14 | Scottish Gas National Age Groups 2014 | Aberdeen | Warrender Ba | 1 |
| 2:24.07 | 624 | H | 02/02/14 | East District Open incorporating Grand Prix | Edinburgh | Warrender Ba | 1 |
| 2:24.08 | 624 | F | 08/02/15 | Derventio Excel February Festival | Sheffield | Warrender Ba | 1 |
| 2:24.13 | 623 | H | 15/03/15 | Edinburgh International 2015 | Edinburgh | Warrender Ba | 1 |
| 2:24.41 | 620 | F | 07/03/14 | Scottish School Swimming Championships | South Lanarkshire | Warrender Ba | 1 |
| 2:24.44 | 619 | H | 08/02/15 | Derventio Excel February Festival | Sheffield | Warrender Ba | 1 |
| 2:24.45 | 619 | H | 18/01/15 | SASA West District Grand Prix | Glasgow | Warrender Ba | 1 |
| 2:24.81 | 614 | H | 02/04/15 | Scottish National Age Group Championships | Aberdeen | Warrender Ba | 1 |
| 2:24.90 | 613 | H | 31/05/15 | East District Open with SASA Grand Prix | Edinburgh | Warrender Ba | 1 |
| 2:25.22 | 609 | H | 31/07/15 | British Summer Championships | Sheffield | Warrender Ba | 1 |
| 2:25.90 | 601 | H | 26/06/14 | Scottish Gas National Age Groups 2014 | Aberdeen | Warrender Ba | 1 |
| 2:25.97 | 600 | H | 02/08/14 | Swim Wales Summer Nationals 2014 | Swansea | Warrender Ba | 1 |
| 2:26.20 | 597 | F | 08/02/14 | Aquae Sulis Spring Grand Prix 2014 | Bristol | Warrender Ba | 1 |
| 2:26.45 | 594 | F | 02/08/14 | Swim Wales Summer Nationals 2014 | Swansea | Warrender Ba | 1 |
| 2:26.93 | 588 | F | 02/02/14 | East District Open incorporating Grand Prix | Edinburgh | Warrender Ba | 1 |
| 2:27.18 | 585 | H | 18/05/14 | City of Sunderland May Open 2014 | Sunderland | Warrender Ba | 1 |
| 2:27.47 | 582 | H | 26/06/15 | Scottish National Open Championships | Glasgow | Warrender Ba | 1 |
| 2:27.70 | 579 | H | 06/09/14 | Sainsbury 2014 UK School Games | Manchester | | 1 |
| 2:28.20 | 573 | H | 19/05/13 | City of Sunderland May Open Meet | Sunderland | Warrender Ba | 1 |
| 2:29.26 | 561 | C | 31/05/15 | East District Open with SASA Grand Prix | Edinburgh | Warrender Ba | 1 |
| 2:30.76 | 544 | H | 12/05/13 | Celtic Tri Nations 2013 | East Kilbride | Warrender Ba | 1 |
| 2:31.03 | 538 | H | 11/04/13 | SC National Age Group Championships | Edinburgh | Warrender Ba | 1 |

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|---------|-----|---|----------|--|---------------|--------------|---|
| 2:31.32 | 550 | H | 11/04/13 | SG National Age Group Championships | Edinburgh | Warrender Ba | 1 |
| 2:31.44 | 537 | H | 14/06/13 | Scottish Gas National Open Championships | Glasgow | Warrender Ba | 1 |
| 2:31.72 | 534 | H | 02/06/13 | East District Open & Grand Prix Round 3 | Edinburgh | Warrender Ba | 1 |
| 2:31.82 | 533 | F | 26/01/13 | Scottish Schools Swimming Championships | East Kilbride | Warrender Ba | 1 |
| 2:32.67 | 524 | H | 18/10/14 | Lincoln Vulcans Long Course L1 Meet | Sheffield | | 1 |
| 2:34.09 | 510 | F | 20/01/13 | 2013 West District Grand Prix | East Kilbride | Warrender Ba | 1 |
| 2:34.69 | 504 | H | 24/07/13 | BG ASA National Age Groups 2013 | Sheffield | Warrender Ba | 1 |
| 2:35.28 | 498 | H | 20/05/12 | City of Sunderland ASC May Open Meet | Sunderland | Warrender Ba | 1 |
| 2:36.36 | 488 | | 03/06/12 | SASA East District Open Championships | Edinburgh | Warrender Ba | 1 |
| 2:37.25 | 480 | F | 11/04/13 | SG National Age Group Championships | Edinburgh | Warrender Ba | 1 |
| 2:37.56 | 477 | | 02/06/12 | SASA East District Open Championships | Edinburgh | Warrender Ba | 1 |
| 2:38.99 | 464 | | 02/06/12 | SASA East District Open Championships | Edinburgh | Warrender Ba | 1 |
| 2:39.02 | 464 | | 15/01/12 | SASA West District Grand Prix Meet | East Kilbride | Warrender Ba | 1 |
| 2:40.33 | 453 | F | 28/01/12 | Scottish Schools Swimming Championship | East Kilbride | Warrender Ba | 1 |
| 2:41.35 | 444 | H | 22/05/11 | City of Sunderland May Open Meet | Sunderland | Warrender Ba | 1 |
| 2:43.42 | 427 | F | 30/04/11 | City of Glasgow Open Age Group Meet | Glasgow | Warrender Ba | 1 |
| 2:43.85 | 424 | | 08/04/11 | Scottish National Open Championships | Glasgow | Warrender Ba | 1 |
| 2:45.70 | 410 | H | 04/04/12 | SG National Open Age Group Championships | Sunderland | Warrender Ba | 1 |

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| 2:34.69 | 504 | H | 24/07/13 | BG ASA National Age Groups 2013 | Sheffield | Warrender Ba | 1 |
| 2:31.44 | 537 | H | 14/06/13 | Scottish Gas National Open Championships | Glasgow | Warrender Ba | 1 |
| 2:31.72 | 534 | H | 02/06/13 | East District Open & Grand Prix Round 3 | Edinburgh | Warrender Ba | 1 |
| 2:28.20 | 573 | H | 19/05/13 | City of Sunderland May Open Meet | Sunderland | Warrender Ba | 1 |
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| 2:43.42 | 427 | F | 30/04/11 | City of Glasgow Open Age Group Meet | Glasgow | Warrender Ba | 1 |
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