

# Individual Best Times (All Time)

James Pope - (758518) - Watford SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:35.20	375	H	15/04/18	Team Luton April Long Course Meet 2018	Luton	Watford SC	1
2:40.71	337	H	15/04/17	Team Luton April Long Course Meet 2017	Luton	Watford SC	1
3:01.16	235	F	04/01/15	BWFSC Level 1 Long Course Meet	London	Watford SC	1

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