

# Individual Best Times (All Time)

Mia Leech - (757443) - City of Cambridge SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:23.24	714	F	28/07/18	British Summer Championships	Sheffield	Co Peterboro	1
4:24.20	707	C	30/06/18	Scottish National Open Championships	Tollcross	East Region	1
4:25.31	698	H	27/07/19	British Summer Championships	Glasgow	Co Peterboro	1
4:26.27	690	H	28/07/18	British Summer Championships	Sheffield	Co Peterboro	1
4:26.94	685	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	Co Peterboro	1
4:27.03	684	F	16/02/20	Swansea Aquatics 2020 Spring LC Open Meet	Swansea	Ellesmere Co	1
4:27.04	684	F	27/07/19	British Summer Championships	Glasgow	Co Peterboro	1
4:27.06	684	H	20/04/19	British Championships 2019	Glasgow	Co Peterboro	1
4:27.77	679	F	29/07/17	British Summer Championships	Sheffield	Co Peterboro	1
4:28.80	671	H	05/05/18	East Swimming Long Course Championships 2018	Norwich	Co Peterboro	1
4:29.08	669	H	03/03/18	Edinburgh International Inc British Championships	Edinburgh	Co Peterboro	1
4:29.17	668	F	10/03/18	WDSC Long Course Premier Open Meet	Wycombe	Co Peterboro	1
4:29.32	667	H	21/05/17	Derventio Excel 1st May Meet	Sheffield	Co Peterboro	1
4:30.01	662	H	29/07/17	British Summer Championships	Sheffield	Co Peterboro	1
4:30.03	662	H	30/06/18	Scottish National Open Championships	Tollcross	East Region	1
4:30.46	659	F	16/02/19	Team Bath Grand Prix Level 1 Meet	Hengrove LC	Co Peterboro	1
4:30.74	657	H	29/04/17	ASA East Long Course Championships	Luton	Co Peterboro	1
4:31.02	655	H	20/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	Co Peterboro	1
4:31.45	651	H	17/12/17	Swim England Winter Championships 2017	Sheffield	Co Peterboro	1
4:31.98	648	F	23/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	Co Peterboro	1
4:34.26	632	H	13/01/19	City of Derby 17th Long Course Level 1 Open Meet	Sheffield	Co Peterboro	1
4:34.97	627	H	05/11/17	East Region Winter Championships	Norwich	Co Peterboro	1
4:35.13	626	H	13/03/20	Edinburgh International	Edinburgh		1
4:35.50	623	F	10/03/17	Edinburgh International Meet 2017	Edinburgh	East Region	1
4:35.54	623	H	25/03/17	City of Sheffield Premier Meet	Sheffield	Co Peterboro	1
4:36.63	616	H	14/01/18	City of Derby 17th LC Level 1 Licensed Open Meet	Sheffield	Co Peterboro	1
4:38.63	602	H	20/05/21	Swim England Time Trials 2021	Cardiff	Ellesmere Co	1

4:38.62	602	H	29/05/21	Swim England Time Trials 2021	Corby	Ellesmere Co	1
4:46.26	555	H	15/01/17	16th City of Derby Long Course Open Meet	Sheffield	Co Peterboro	1
4:50.54	531	H	23/05/15	ASA East Region Summer Championships	Norwich		1
4:53.49	515	F	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Co Peterboro	1
5:07.59	448	H	08/06/14	BGASA East Region Championships 2014	Norwich		1
5:08.80	442	H	21/12/14	City of Leeds Christmas Meet	Leeds		1
5:09.08	441	H	05/10/14	Robin Hood Open Meet 2014	Sheffield		1
5:11.57	431	F	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Co Peterboro	1
5:33.98	350	H	02/06/13	BGASA East Region Age Group Champs	Norwich	Co Peterboro	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:38.62	602	H	29/05/21	Swim England Time Trials 2021	Corby	Ellesmere Co	1
4:35.13	626	H	13/03/20	Edinburgh International	Edinburgh		1
4:27.03	684	F	16/02/20	Swansea Aquatics 2020 Spring LC Open Meet	Swansea	Ellesmere Co	1
4:27.04	684	F	27/07/19	British Summer Championships	Glasgow	Co Peterboro	1
4:25.31	698	H	27/07/19	British Summer Championships	Glasgow	Co Peterboro	1
4:26.94	685	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	Co Peterboro	1
4:27.06	684	H	20/04/19	British Championships 2019	Glasgow	Co Peterboro	1
4:31.98	648	F	23/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	Co Peterboro	1
4:30.46	659	F	16/02/19	Team Bath Grand Prix Level 1 Meet	Hengrove LC	Co Peterboro	1
4:34.26	632	H	13/01/19	City of Derby 17th Long Course Level 1 Open Meet	Sheffield	Co Peterboro	1
4:23.24	714	F	28/07/18	British Summer Championships	Sheffield	Co Peterboro	1
4:26.27	690	H	28/07/18	British Summer Championships	Sheffield	Co Peterboro	1
4:24.20	707	C	30/06/18	Scottish National Open Championships	Tollcross	East Region	1
4:30.03	662	H	30/06/18	Scottish National Open Championships	Tollcross	East Region	1
4:31.02	655	H	20/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	Co Peterboro	1
4:28.80	671	H	05/05/18	East Swimming Long Course Championships 2018	Norwich	Co Peterboro	1
4:29.17	668	F	10/03/18	WDSC Long Course Premier Open Meet	Wycombe	Co Peterboro	1
4:29.08	669	H	03/03/18	Edinburgh International Inc British Championships	Edinburgh	Co Peterboro	1
4:36.63	616	H	14/01/18	City of Derby 17th LC Level 1 Licensed Open Meet	Sheffield	Co Peterboro	1
4:31.45	651	H	17/12/17	Swim England Winter Championships 2017	Sheffield	Co Peterboro	1
4:34.97	627	H	05/11/17	East Region Winter Championships	Norwich	Co Peterboro	1
4:27.77	679	F	29/07/17	British Summer Championships	Sheffield	Co Peterboro	1
4:30.01	662	H	29/07/17	British Summer Championships	Sheffield	Co Peterboro	1
4:29.32	667	H	21/05/17	Derventio Excel 1st May Meet	Sheffield	Co Peterboro	1
4:30.74	657	H	29/04/17	ASA East Long Course Championships	Luton	Co Peterboro	1
4:35.54	623	H	25/03/17	City of Sheffield Premier Meet	Sheffield	Co Peterboro	1
4:35.50	623	F	10/03/17	Edinburgh International Meet 2017	Edinburgh	East Region	1
4:46.26	555	H	15/01/17	16th City of Derby Long Course Open Meet	Sheffield	Co Peterboro	1
4:50.54	531	H	23/05/15	ASA East Region Summer Championships	Norwich		1
4:53.49	515	F	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Co Peterboro	1
5:08.80	442	H	21/12/14	City of Leeds Christmas Meet	Leeds		1
5:09.08	441	H	05/10/14	Robin Hood Open Meet 2014	Sheffield		1
5:07.59	448	H	08/06/14	BGASA East Region Championships 2014	Norwich		1
5:11.57	431	F	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Co Peterboro	1
5:33.98	350	H	02/06/13	BGASA East Region Age Group Champs	Norwich	Co Peterboro	1