

Individual Best Times (All Time)

Matthew Dwane - (756575) - Bo'ness ASC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:17.64	332	F	12/05/18	2018 WD Wannabe - BITW AG Open Meet	Tollcross	Grangemouth	1
5:50.22	248	F	08/02/14	2014 SASA West District LC JAG Champs	East Kilbride	Falkirk	1
5:55.25	237	F	09/02/13	2013 SASA District JAG LC Championships	East Kilbride	Falkirk	1

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