Individual Best Times (All Time)

Matthew Dwane - (756575) - Bo'ness ASC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------------|-----------------|-------|
| 1:23.42 | 236 | F | 07/05/16 | 2016 Best in the West Open Meet | Glasgow | Grangemouth | 1 |
| 1:29.68 | 190 | Н | 31/07/13 | Swim Wales Summer Nationals | Swansea | Falkirk | 1 |
| 1:33.52 | 167 | Н | 09/02/13 | 2013 SASA District JAG LC Championships | East Kilbride | Falkirk | 1 |

Swims in Date Order

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|---------|--------|-------|----------|---|---------------|-----------------|-------|
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