

# Individual Best Times (All Time)

Joel Lange - (756338) - University Of Stirling - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.06	660	F	28/07/17	British Summer Championships	Sheffield	Maidenhead	1
2:26.85	623	H	13/12/17	Swim England Winter Championships 2017	Sheffield	Maidenhead	1
2:27.42	616	H	28/07/17	British Summer Championships	Sheffield	Maidenhead	1
2:29.80	587	H	13/01/18	Berks & Sth Bucks County Championships	Wycombe	Maidenhead	1
2:30.14	583	H	29/07/16	British Summer Championships	Sheffield		1
2:30.17	583	H	12/01/19	Berkshire & S Buckinghamshire County Champs 2019	Wycombe	Maidenhead	1
2:30.22	582	F	25/03/17	Guildford City Springboard Level 1 Open Meet	Surrey	Maidenhead	1
2:30.39	580	F	11/03/18	WDSC Long Course Premier Open Meet	Wycombe	Maidenhead	1
2:30.58	578	H	29/07/16	British Summer Championships	Sheffield	Maidenhead	1
2:30.95	574	H	01/05/17	ASA South East Region Championships 2017	Wycombe	Maidenhead	1
2:31.08	572	F	25/03/17	Guildford City Springboard Level 1 Open Meet	Surrey	Maidenhead	1
2:31.15	572	H	07/05/18	Swim England South East Championships 2018	Wycombe	Maidenhead	1
2:31.95	563	F	12/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Maidenhead	1
2:32.24	559	F	16/02/19	Team Bath Grand Prix Level 1 Meet	Hengrove LC	Maidenhead	1
2:32.99	551	H	19/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	Maidenhead	1
2:33.58	545	F	14/05/16	MCASA Long Course Open Meet	Guildford	Maidenhead	1
2:33.59	545	H	04/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	Maidenhead	1
2:34.61	534	H	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Maidenhead	1
2:34.77	532	H	30/04/16	ASA South East Region Swimming Championships	Portsmouth	Maidenhead	1
2:35.77	522	H	01/05/17	ASA South East Region Championships 2017	Wycombe	Maidenhead	1
2:36.41	516	H	30/04/16	ASA South East Region Swimming Championships	Portsmouth	Maidenhead	1
2:44.19	446	H	16/05/15	ASASER Swimming Championships	Crawley	Maidenhead	1
2:44.58	443	H	08/08/15	ASA Summer Nationals 2015	Sheffield		1
2:46.28	429	F	05/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	Maidenhead	1
2:46.80	425	H	16/05/15	ASASER Swimming Championships	Crawley	Maidenhead	1
2:55.01	368	F	16/11/14	Aquae Sulis Grand Prix	Bristol	Maidenhead	1
2:00.01	288	H	01/06/14	ASA South East Region Age Group Championships	Crawley	Maidenhead	1

3:00.01	330	F	01/06/14	ASA South East Region Age Group Championships	Crawley	Maidenhead	1
3:05.34	310	H	05/04/14	Derventio Excel 8th LC Open Meet	Sheffield	Maidenhead	1
3:10.38	286	H	29/06/13	Rushmoor Royals Summer Festival	Aldershot	Maidenhead	3
3:11.12	283		26/05/13	ASA South East Region Age Group Champs	Crawley	Maidenhead	1
3:11.36	281	F	14/04/13	Crawley SC Spring Long Course Open Meet	Crawley	Maidenhead	1
3:11.97	279	H	11/05/13	Derventio Excel Swim Squad 7th LC Open	Sheffield	Maidenhead	1
3:14.70	267	H	30/03/13	Rushmoor Royals & Hart SC Easter Open Meet	Aldershot	Maidenhead	3
3:24.69	230	H	03/11/12	City of Coventry November Open Meet	Coventry	Maidenhead	1
3:36.01	196	H	12/05/12	Beckenham International Open Meet	London	Maidenhead	1
3:38.46	189	F	12/02/12	Wycombe District Open Meet 2012	Wycombe	Maidenhead	1
3:43.04	178	H	05/11/11	City of Coventry November Open Meet	Coventry	Maidenhead	1
4:04.74	134	H	27/11/10	City of Coventry Open	Coventry	Maidenhead	1
4:11.67	123	F	13/02/11	Wycombe District Annual Long Course Meet	High Wycombe	Maidenhead	1

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