Individual Best Times (All Time)

Connie Dean - (753453) - Oxford University SC - 400 Freestyle - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:26.68	687	Н	10/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
4:28.69	672	Н	23/05/15	ASASER Swimming Championships	Portsmouth	Maidenhead	1
4:31.52	651	F	16/11/13	Aquae Sulis Grand Prix	Bristol	Maidenhead	1
4:37.83	608		25/05/13	ASA South East Region Age Group Champs	Crawley	Maidenhead	1
4:41.73	583	F	15/12/12	Hillingdon SC Level 1 Winter Open Meet	Hillingdon	Maidenhead	1
4:42.48	578	Н	13/05/12	Beckenham International Open Meet	London	Maidenhead	1
4:43.88	570		26/05/12	British Gas South East Region AG Champs	Crawley	Maidenhead	1
4:45.84	558	Н	05/11/11	City of Coventry November Open Meet	Coventry	Maidenhead	1
4:46.66	553		04/12/11	South East Region Open & Junior Champs	Aldershot	Maidenhead	1
4:48.19	544	Н	28/01/12	ASA South Zonal Meet	Millfield	Maidenhead	1
4:48.53	542	F	17/12/11	Hillingdon Winter Open Meet	Hillingdon	Maidenhead	1
4:55.69	504		28/05/11	BG South East Region Age Group Championshi	Crawley	Maidenhead	1
5:22.65	388		29/05/10	BG South East Region Age Groups	Crawley	Maidenhead	1
5:25.79	377	Н	09/05/10	City of Coventry May Open	Coventry	Maidenhead	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:28.69	672	Н	23/05/15	ASASER Swimming Championships	Portsmouth	Maidenhead	1
4:26.68	687	Н	10/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
4:31.52	651	F	16/11/13	Aquae Sulis Grand Prix	Bristol	Maidenhead	1
4:37.83	608		25/05/13	ASA South East Region Age Group Champs	Crawley	Maidenhead	1
4:41.73	583	F	15/12/12	Hillingdon SC Level 1 Winter Open Meet	Hillingdon	Maidenhead	1
4:43.88	570		26/05/12	British Gas South East Region AG Champs	Crawley	Maidenhead	1
4:42.48	578	Н	13/05/12	Beckenham International Open Meet	London	Maidenhead	1
4:48.19	544	Н	28/01/12	ASA South Zonal Meet	Millfield	Maidenhead	1
4:48.53 Copyright 2024	542 1	F	17/12/11	Hillingdon Winter Open Meet	Hillingdon	Maidenhead Powered By SPORT	1 SYSTEMS

							Page 2 / 2
4:46.66	553		04/12/11	South East Region Open & Junior Champs	Aldershot	Maidenhead	1
4:45.84	558	Н	05/11/11	City of Coventry November Open Meet	Coventry	Maidenhead	1
4:55.69	504		28/05/11	BG South East Region Age Group Championshi	Crawley	Maidenhead	1
5:22.65	388		29/05/10	BG South East Region Age Groups	Crawley	Maidenhead	1
5:25.79	377	Н	09/05/10	City of Coventry May Open	Coventry	Maidenhead	1

Copyright 2024 Powered By SPORTSYSTEMS