

Individual Best Times (All Time)

Jack Ryan - (752850) - Central Bedfordshire Swim Squad - 400 Individual Medley - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:48.75	336	H	07/06/14	BGASA East Region Championships 2014	Norwich	Team Luton	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:48.75	336	H	07/06/14	BGASA East Region Championships 2014	Norwich	Team Luton	1