

# Individual Best Times (All Time)

Mark Hill - (752277) - East Kilbride ASC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:20.32	604	H	30/03/17	Scottish National Age Group Championships	Aberdeen	SLanarkshire	1
4:26.68	561	H	03/04/15	Scottish National Age Group Championships	Aberdeen	North Lan ST	1
4:27.09	559	F	14/01/17	2017 SASA West District LC AG R1 Championship	East Kilbride	Eastkilbride	1
4:33.00	523	F	03/04/15	Scottish National Age Group Championships	Aberdeen	North Lan ST	1
4:33.54	520	F	27/06/14	Scottish Gas National Age Groups 2014	Aberdeen		1
4:39.61	487	H	18/01/15	SASA West District Grand Prix	Glasgow	Cumbernauld	1
4:50.84	433	F	08/02/14	2014 SASA West District LC JAG Champs	East Kilbride	Cumbernauld	1

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