

# Individual Best Times (All Time)

Kirsty Griffiths - (752275) - City Of Glasgow Swim Team - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:27.78	621	F	13/07/18	Scottish Summer Meet 2018	Aberdeen	Co Glasgow	1
2:27.93	619	F	07/07/17	Scottish Summer Meet	Edinburgh	Co Glasgow	1
2:28.67	610	F	29/04/18	University of Aberdeen International Open	Aberdeen	Co Glasgow	1
2:29.79	596	H	13/07/18	Scottish Summer Meet 2018	Aberdeen	Co Glasgow	1
2:30.30	590	H	29/04/18	University of Aberdeen International Open	Aberdeen	Co Glasgow	1
2:30.55	587	H	01/04/17	Scottish National Age Group Championships	Aberdeen	Co Glasgow	1
2:30.64	586	F	01/04/17	Scottish National Age Group Championships	Aberdeen	Co Glasgow	1
2:31.10	581	H	29/06/18	Scottish National Open Championships	Tollcross	Co Glasgow	1
2:31.26	579	H	30/06/17	Scottish National Open Championships	Aberdeen	Co Glasgow	1
2:32.12	569	H	31/03/18	Scottish National Age Group Championships	Tollcross	Co Glasgow	1
2:32.14	569	H	07/07/17	Scottish Summer Meet	Edinburgh	Co Glasgow	1
2:33.78	551	H	01/07/16	Scottish National Open Championships	Glasgow	Co Glasgow	1
2:33.91	550	H	31/03/16	Scottish National Age Group Championships	Glasgow		1
2:35.20	536	F	07/05/16	2016 Best in the West Open Meet	Glasgow	Co Glasgow	1
2:35.39	534	F	15/07/16	Scottish Summer Meet	Aberdeen	Co Glasgow	1
2:35.49	533	F	01/05/16	COAST Long Course Meet	Aberdeen	Co Glasgow	1
2:35.74	531	H	15/07/16	Scottish Summer Meet	Aberdeen		1
2:35.93	529	H	01/05/16	COAST Long Course Meet	Aberdeen	Co Glasgow	1
2:36.47	523	F	07/06/15	East Kilbride Long Course Open Age Group Meet	East Kilbride	Co Glasgow	2
2:36.76	520	H	29/05/16	East District Open & Grand Prix	Edinburgh	Co Glasgow	1
2:37.25	515	H	09/05/15	SASA West District Championships	East Kilbride	Co Glasgow	1
2:37.42	514	H	30/05/15	East District Open with SASA Grand Prix	Edinburgh	Co Glasgow	1
2:38.55	503	F	24/07/15	Scottish Summer Meet 2015	Edinburgh	Co Glasgow	1
2:38.56	503	H	07/03/15	SASA West District SAG Championship	East Kilbride	Hamilton	1
2:39.30	496	H	03/04/15	Scottish National Age Group Championships	Aberdeen	SLanarkshire	1
2:39.59	493	H	24/07/15	Scottish Summer Meet 2015	Edinburgh		1
2:40.24	488	H	17/01/15	SASA West District Grand Prix	Glasgow	Hamilton	1

2:40.34	400	F	17/01/15	SASA West District Grand Prix	Glasgow	Hamilton	1
2:41.09	479	F	07/03/15	SASA West District SAG Championship	East Kilbride	Hamilton	1
2:45.46	442	H	27/06/14	Scottish Gas National Age Groups 2014	Aberdeen		1
2:51.06	400	H	08/02/14	2014 SASA West District LC JAG Champs	East Kilbride	Hamilton	1
3:01.11	337	H	09/02/13	2013 SASA District JAG LC Championships	East Kilbride	Hamilton	1
3:03.90	322	F	09/02/13	2013 SASA District JAG LC Championships	East Kilbride	Hamilton	1

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