

Individual Best Times (All Time)

Kirsty Griffiths - (752275) - City Of Glasgow Swim Team - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.36	620	F	14/07/18	Scottish Summer Meet 2018	Aberdeen	Co Glasgow	1
2:24.99	612	H	14/07/18	Scottish Summer Meet 2018	Aberdeen	Co Glasgow	1
2:26.61	592	F	08/07/17	Scottish Summer Meet	Edinburgh	Co Glasgow	1
2:27.24	584	F	16/07/16	Scottish Summer Meet	Aberdeen	Co Glasgow	1
2:27.30	584	H	28/03/18	Scottish National Age Group Championships	Tollcross	Co Glasgow	1
2:27.59	580	H	30/06/17	Scottish National Open Championships	Aberdeen	Co Glasgow	1
2:28.24	573	F	28/03/18	Scottish National Age Group Championships	Tollcross	Co Glasgow	1
2:28.54	569	H	29/06/18	Scottish National Open Championships	Tollcross	Co Glasgow	1
2:28.78	566	H	29/03/17	Scottish National Age Group Championships	Aberdeen	Co Glasgow	1
2:28.82	566	H	28/05/16	East District Open & Grand Prix	Edinburgh	Co Glasgow	1
2:28.96	564	F	29/03/17	Scottish National Age Group Championships	Aberdeen	Co Glasgow	1
2:29.23	561	F	01/04/16	Scottish National Age Group Championships	Glasgow	Co Glasgow	1
2:29.33	560	F	28/04/18	University of Aberdeen International Open	Aberdeen	Co Glasgow	1
2:29.55	558	H	16/07/16	Scottish Summer Meet	Aberdeen	Co Glasgow	1
2:30.41	548	H	08/07/17	Scottish Summer Meet	Edinburgh	Co Glasgow	1
2:31.80	533	H	26/06/15	Scottish National Open Championships	Glasgow		1
2:32.27	528	H	01/04/16	Scottish National Age Group Championships	Glasgow		1
2:33.35	517	F	30/04/16	COAST Long Course Meet	Aberdeen	Co Glasgow	1
2:34.07	510	F	09/05/15	SASA West District Championships	East Kilbride	Co Glasgow	1
2:34.16	509	H	09/05/15	SASA West District Championships	East Kilbride		1
2:35.24	499	F	08/05/16	2016 Best in the West Open Meet	Glasgow	Co Glasgow	1
2:35.65	495	F	31/01/15	Brodies Scottish Schools Championships	Aberdeen		1
2:35.96	492	F	06/06/15	East Kilbride Long Course Open Age Group Meet	East Kilbride	Co Glasgow	2
2:36.17	490	H	02/04/15	Scottish National Age Group Championships	Aberdeen	SLanarkshire	1
2:36.66	485	F	25/07/15	Scottish Summer Meet 2015	Edinburgh	Co Glasgow	1
2:37.18	480	H	15/03/15	Edinburgh International 2015	Edinburgh		1
2:38.23	470	H	18/01/15	SASA West District Grand Prix	Glasgow	Hamilton	1

2:36.29	470	H	10/07/13	SASA West District Grand Prix	Glasgow	Hamilton	1
2:39.78	457	H	26/06/14	Scottish Gas National Age Groups 2014	Aberdeen		1
2:41.36	444	H	10/05/14	2014 SASA West District LC OAG Championship	East Kilbride	Hamilton	1
2:44.62	418	F	08/02/14	2014 SASA West District LC JAG Champs	East Kilbride	Hamilton	1
3:03.05	304	F	09/02/13	2013 SASA District JAG LC Championships	East Kilbride	Hamilton	1

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