

Individual Best Times (All Time)

Kirsty Griffiths - (752275) - City Of Glasgow Swim Team - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:08.34	590	H	29/03/18	Scottish National Age Group Championships	Tollcross	Co Glasgow	1
1:08.38	589	F	29/04/18	University of Aberdeen International Open	Aberdeen	Co Glasgow	1
1:08.46	587	H	29/04/18	University of Aberdeen International Open	Aberdeen	Co Glasgow	1
1:08.55	584	F	15/07/18	Scottish Summer Meet 2018	Aberdeen	Co Glasgow	1
1:08.89	576	H	28/05/17	East District Long Course Open Meet	Edinburgh	Co Glasgow	1
1:09.06	572	H	03/02/18	2018 SS West District LC Age Group Championships	East Kilbride	Co Glasgow	1
1:09.34	565	F	03/02/18	2018 SS West District LC Age Group Championships	East Kilbride	Co Glasgow	1
1:09.39	563	H	30/06/18	Scottish National Open Championships	Tollcross	Co Glasgow	1
1:09.59	559	H	01/07/17	Scottish National Open Championships	Aberdeen	Co Glasgow	1
1:09.86	552	H	30/03/17	Scottish National Age Group Championships	Aberdeen		1
1:09.93	551	H	15/07/18	Scottish Summer Meet 2018	Aberdeen	Co Glasgow	1
1:09.95	550	F	29/03/18	Scottish National Age Group Championships	Tollcross	Co Glasgow	1
1:10.46	538	F	07/02/16	SASA West District LC AG Round 1 Meet	East Kilbride	Co Glasgow	1
1:10.97	527	H	17/07/16	Scottish Summer Meet	Aberdeen	Co Glasgow	1
1:10.98	526	F	17/07/16	Scottish Summer Meet	Aberdeen	Co Glasgow	1
1:11.06	525	H	01/05/16	COAST Long Course Meet	Aberdeen	Co Glasgow	1
1:11.48	515	H	07/02/16	SASA West District LC AG Round 1 Meet	East Kilbride	Co Glasgow	1
1:11.52	515	H	13/03/16	Edinburgh International Meet	Edinburgh	Co Glasgow	1
1:11.53	514	H	02/07/16	Scottish National Open Championships	Glasgow		1
1:12.25	499	H	31/03/16	Scottish National Age Group Championships	Glasgow	Co Glasgow	1
1:12.28	498	F	01/05/16	COAST Long Course Meet	Aberdeen	Co Glasgow	1
1:12.49	494	F	26/07/15	Scottish Summer Meet 2015	Edinburgh	Co Glasgow	1
1:12.52	494	H	27/06/15	Scottish National Open Championships	Glasgow	Co Glasgow	1
1:12.55	493	H	30/05/15	East District Open with SASA Grand Prix	Edinburgh	Co Glasgow	1
1:13.00	484	H	14/03/15	Edinburgh International 2015	Edinburgh	Hamilton	1
1:13.06	483	H	03/04/15	Scottish National Age Group Championships	Aberdeen	SLanarkshire	1
1:13.13	481	F	07/06/15	East Kilbride Long Course Open Age Group Meet	East Kilbride	Co Glasgow	2

1:13.12	401	F	07/06/15	East Kilbride Long Course Open Age Group Meet	East Kilbride	Co Glasgow	
1:13.19	480	H	26/07/15	Scottish Summer Meet 2015	Edinburgh		1
1:13.63	472	H	08/03/15	SASA West District SAG Championship	East Kilbride	Hamilton	1
1:14.08	463	F	08/03/15	SASA West District SAG Championship	East Kilbride	Hamilton	1
1:14.16	461	H	10/05/15	SASA West District Championships	East Kilbride	Co Glasgow	1
1:14.83	449	H	17/01/15	SASA West District Grand Prix	Glasgow	Hamilton	1
1:16.19	426	H	28/06/14	Scottish Gas National Age Groups 2014	Aberdeen		1
1:18.88	383	F	09/02/14	2014 SASA West District LC JAG Champs	East Kilbride	Hamilton	1
1:19.78	371	H	09/02/14	2014 SASA West District LC JAG Champs	East Kilbride	Hamilton	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:08.55	584	F	15/07/18	Scottish Summer Meet 2018	Aberdeen	Co Glasgow	1
1:09.93	551	H	15/07/18	Scottish Summer Meet 2018	Aberdeen	Co Glasgow	1
1:09.39	563	H	30/06/18	Scottish National Open Championships	Tollcross	Co Glasgow	1
1:08.38	589	F	29/04/18	University of Aberdeen International Open	Aberdeen	Co Glasgow	1
1:08.46	587	H	29/04/18	University of Aberdeen International Open	Aberdeen	Co Glasgow	1
1:09.95	550	F	29/03/18	Scottish National Age Group Championships	Tollcross	Co Glasgow	1
1:08.34	590	H	29/03/18	Scottish National Age Group Championships	Tollcross	Co Glasgow	1
1:09.34	565	F	03/02/18	2018 SS West District LC Age Group Championships	East Kilbride	Co Glasgow	1
1:09.06	572	H	03/02/18	2018 SS West District LC Age Group Championships	East Kilbride	Co Glasgow	1
1:09.59	559	H	01/07/17	Scottish National Open Championships	Aberdeen	Co Glasgow	1
1:08.89	576	H	28/05/17	East District Long Course Open Meet	Edinburgh	Co Glasgow	1
1:09.86	552	H	30/03/17	Scottish National Age Group Championships	Aberdeen		1
1:10.98	526	F	17/07/16	Scottish Summer Meet	Aberdeen	Co Glasgow	1
1:10.97	527	H	17/07/16	Scottish Summer Meet	Aberdeen	Co Glasgow	1
1:11.53	514	H	02/07/16	Scottish National Open Championships	Glasgow		1
1:12.28	498	F	01/05/16	COAST Long Course Meet	Aberdeen	Co Glasgow	1
1:11.06	525	H	01/05/16	COAST Long Course Meet	Aberdeen	Co Glasgow	1
1:12.25	499	H	31/03/16	Scottish National Age Group Championships	Glasgow	Co Glasgow	1
1:11.52	515	H	13/03/16	Edinburgh International Meet	Edinburgh	Co Glasgow	1
1:10.46	538	F	07/02/16	SASA West District LC AG Round 1 Meet	East Kilbride	Co Glasgow	1
1:11.48	515	H	07/02/16	SASA West District LC AG Round 1 Meet	East Kilbride	Co Glasgow	1
1:12.49	494	F	26/07/15	Scottish Summer Meet 2015	Edinburgh	Co Glasgow	1
1:13.19	480	H	26/07/15	Scottish Summer Meet 2015	Edinburgh		1
1:12.52	494	H	27/06/15	Scottish National Open Championships	Glasgow	Co Glasgow	1
1:13.12	481	F	07/06/15	East Kilbride Long Course Open Age Group Meet	East Kilbride	Co Glasgow	2
1:12.55	493	H	30/05/15	East District Open with SASA Grand Prix	Edinburgh	Co Glasgow	1
1:14.16	461	H	10/05/15	SASA West District Championships	East Kilbride	Co Glasgow	1
1:13.06	483	H	03/04/15	Scottish National Age Group Championships	Aberdeen	SLanarkshire	1
1:13.00	484	H	14/03/15	Edinburgh International 2015	Edinburgh	Hamilton	1
1:14.08	463	F	08/03/15	SASA West District SAG Championship	East Kilbride	Hamilton	1
1:13.63	472	H	08/03/15	SASA West District SAG Championship	East Kilbride	Hamilton	1
1:14.83	449	H	17/01/15	SASA West District Grand Prix	Glasgow	Hamilton	1
1:16.19	426	H	28/06/14	Scottish Gas National Age Groups 2014	Aberdeen		1
1:18.88	383	F	09/02/14	2014 SASA West District LC JAG Champs	East Kilbride	Hamilton	1
1:19.78	371	H	09/02/14	2014 SASA West District LC JAG Champs	East Kilbride	Hamilton	1