## Individual Best Times (All Time)

Stephanie Roberts - (750628) - Hart Swimming Club - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

5:29.69 5:30.82	524				Venue	Club Swam Under	Level
5.30.82		Н	12/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Hart	1
0.00.02	519	Н	07/02/16	Hampshire County Swimming Championships 2016	Portsmouth	Hart	1
5:33.24	507	Н	24/05/15	ASASER Swimming Championships	Portsmouth		1
5:34.73	501	Н	04/02/18	Hampshire County Championships 2018	Mountbatten LC	Hart	1
5:35.34	498	Н	15/06/14	ASA South East Region Age Group Championships	Crawley	Hart	1
5:37.09	490	Н	20/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot		1
5:37.64	488		16/03/14	Hampshire County Championships	Portsmouth	Hart	1
5:38.85	483		01/03/14	Hampshire County Championships	Portsmouth	Hart	1
5:40.38	476		09/06/13	ASA South East Region Age Group Championships 2013	Crawley	Hart	1
5:41.42	472		17/03/13	Hampshire County Championships	Portsmouth	Hart	1
5:42.50	467	Н	15/03/15	Hampshire County ASA Championships	Portsmouth		1
5:45.71	454		09/06/12	ASA SER British Gas Age Group Championship	Crawley	Hart	1
5:47.32	448	Н	28/10/12	Rushmoor Royals SC 10th Autumn Open Meet	Aldershot	Hart	1
5:47.97	446		02/03/13	Hampshire County Championships	Portsmouth	Hart	1
5:53.69	424		03/03/12	Hampshire County Championships	Portsmouth	Hart	1
5:57.04	412	F	10/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Hart	1
6:02.61	394	F	07/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Hart	1
6:20.97	339	Н	30/10/11	Rushmoor Royals 9th Autumn Open Meet	Aldershot	Hart	1
6:22.40	336		11/06/11	BG South East Region Age Group Championshi	Crawley	Hart	1
6:36.00	302	F	23/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	Hart	1
7:02.55	249		26/02/11	Hampshire County Championships	Portsmouth	Hart	1

## Swims in Date Order

	Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
	5:34.73	501	Н	04/02/18	Hampshire County Championships 2018	Mountbatten LC	Hart	1
Сор	5:29.69 yright 2024	524 4	Н	12/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Hart Powered By SPORT	1 SYSTEMS

Page	2	I	2

							Tuge 271
5:37.09	490	Н	20/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot		1
5:30.82	519	Н	07/02/16	Hampshire County Swimming Championships 2016	Portsmouth	Hart	1
5:33.24	507	Н	24/05/15	ASASER Swimming Championships	Portsmouth		1
5:42.50	467	Н	15/03/15	Hampshire County ASA Championships	Portsmouth		1
5:57.04	412	F	10/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Hart	1
5:35.34	498	Н	15/06/14	ASA South East Region Age Group Championships	Crawley	Hart	1
5:37.64	488		16/03/14	Hampshire County Championships	Portsmouth	Hart	1
5:38.85	483		01/03/14	Hampshire County Championships	Portsmouth	Hart	1
5:40.38	476		09/06/13	ASA South East Region Age Group Championships 2013	Crawley	Hart	1
5:41.42	472		17/03/13	Hampshire County Championships	Portsmouth	Hart	1
5:47.97	446		02/03/13	Hampshire County Championships	Portsmouth	Hart	1
5:47.32	448	Н	28/10/12	Rushmoor Royals SC 10th Autumn Open Meet	Aldershot	Hart	1
5:45.71	454		09/06/12	ASA SER British Gas Age Group Championship	Crawley	Hart	1
6:02.61	394	F	07/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Hart	1
5:53.69	424		03/03/12	Hampshire County Championships	Portsmouth	Hart	1
6:20.97	339	Н	30/10/11	Rushmoor Royals 9th Autumn Open Meet	Aldershot	Hart	1
6:22.40	336		11/06/11	BG South East Region Age Group Championshi	Crawley	Hart	1
6:36.00	302	F	23/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	Hart	1
7:02.55	249		26/02/11	Hampshire County Championships	Portsmouth	Hart	1