

Individual Best Times (All Time)

Aaron Crockford - (750592) - Fareham Nomads SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:14.53	458	H	14/03/15	Hampshire County ASA Championships	Portsmouth	Portsmouth N	1
5:15.95	452	F	11/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Portsmouth N	1
5:16.16	451	H	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	Portsmouth N	1
5:17.06	447	F	19/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	Portsmouth N	3
5:20.59	432	F	05/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	Portsmouth N	1
5:30.19	396	F	20/07/14	Portsmouth Northsea SC PN End of Season Meet	Portsmouth	Portsmouth N	3
5:36.61	373	H	17/05/14	Northampton SC Spring Festival Open Meet	Corby	Portsmouth N	1
5:37.63	370	F	20/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	Portsmouth N	1
5:37.86	369	F	30/11/13	Portsmouth Northsea Cracker Meet	Portsmouth	Portsmouth N	1
5:45.71	345	F	12/01/14	Portsmouth Northsea New Year Open Meet	Portsmouth	Portsmouth N	1
5:54.70	319	F	14/07/13	Portsmouth Northsea End of Season Meet	Portsmouth	Portsmouth N	3

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