

Individual Best Times (All Time)

Jessica Ayling - (747899) - Romford Town SC - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:12.53	691	F	25/07/21	London Region Festival of Swimming Meet 2021	London Aquatic C		1
1:13.39	667	F	23/04/23	SE London Summer Championships 2023	Crawley		1
1:13.61	661	H	20/05/23	Portsmouth Northsea Nationals Last Chance 2023	Mountbatten Centre		1
1:13.71	658	H	23/04/23	SE London Summer Championships 2023	Crawley		1
1:13.99	651	H	12/03/23	Putteridge SC Spring LC National Qualifier 2023	Luton	Romford Town	1
1:15.31	617	H	29/02/20	Essex Age Group Championships 2020	Basildon	Romford Town	1
1:15.31	617	F	29/02/20	Essex Age Group Championships 2020	Basildon	Romford Town	1
1:15.51	612	F	31/07/19	Swim England National Summer Meet	Sheffield	Romford Town	1
1:15.75	606	H	14/04/19	Newham & East London L1 National Qualifying Meet	London	Romford Town	1
1:15.81	605	F	15/03/20	2020 London Region Spring Open Meet	London	Romford Town	1
1:15.83	604	H	31/07/19	Swim England National Summer Meet	Sheffield	Romford Town	1
1:16.07	599	F	24/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	Romford Town	1
1:16.17	596	F	05/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	Romford Town	1
1:16.32	593	H	05/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	Romford Town	1
1:17.02	577	F	26/05/19	2019 London Swimming National Qualifier	London	Romford Town	1
1:17.20	573	H	15/04/18	N&EL L1 National Qualifying Meet	London	Romford Town	1
1:17.28	571	F	27/05/18	Cardiff International Open Meet	Cardiff	Romford Town	1
1:17.36	569	H	27/05/17	Cardiff International Open Meet 2017	Cardiff		1
1:17.57	565	H	06/05/18	2018 London Swimming Regional Summer Champs	Stratford	Romford Town	1
1:17.83	559	F	06/05/18	2018 London Swimming Regional Summer Champs	Stratford	Romford Town	1
1:18.38	547	H	24/11/18	RTSC Early County Qualifiers 2018	London	Romford Town	3
1:18.58	543	H	27/05/18	Cardiff International Open Meet	Cardiff	Romford Town	1
1:20.10	513	F	30/04/17	2017 London Swimming Regional Youth Championships	Stratford	Romford Town	1
1:20.51	505	H	19/02/17	Essex Age Group Championships 2017	Basildon	Romford Town	1
1:20.61	503	F	19/02/17	Essex Age Group Championships 2017	Basildon	Romford Town	1
1:20.67	502	H	02/08/17	Swim England National Summer Meet (50m)	Sheffield	Romford Town	1
1:20.68	500	H	11/07/15	Bishop's Stortford End of Season LC Open Meet	Luton	Romford Town	2

1:20.06	502	F	11/07/13	Bishops Cleeve End of Season LC Open Meet	Luton	Romford Town	1
1:20.72	501	F	09/04/16	London Region Summer Championships	London	Romford Town	1
1:20.72	501	F	12/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Romford Town	1
1:21.31	490	H	17/05/15	Rotherham Metro Level One Long Course Meet	Sheffield	Romford Town	1
1:21.38	489	H	30/04/17	2017 London Swimming Regional Youth Championships	Stratford	Romford Town	1
1:21.40	489	H	26/11/16	Romford Town County Qualifiers Meet 2016	London	Romford Town	3
1:21.41	488	H	16/04/17	Team Luton April Long Course Meet 2017	Luton	Romford Town	1
1:21.51	487	H	18/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	Romford Town	1
1:21.52	486	H	31/05/15	London Region Last Chance Meet	London	Romford Town	1
1:21.57	485	F	15/06/14	London Region Age Group Championships	Stratford	Romford Town	1
1:21.92	479	H	08/05/16	Rotherham Metro Level One Long Course Meet	Sheffield	Romford Town	1
1:22.00	478	F	02/04/16	Guildford City Springboard Level 1 Open Meet	Guildford		1
1:22.02	477	H	27/05/16	City of Cardiff Open Meet	Cardiff		1
1:22.13	476	H	22/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Romford Town	1
1:22.16	475	H	15/06/14	London Region Age Group Championships	Stratford	Romford Town	1
1:22.34	472	F	15/03/15	London Schools Championships 2015	Crystal Palace		1
1:22.41	471	H	09/04/16	London Region Summer Championships	London	Romford Town	1
1:22.67	466	F	04/05/15	London Region Summer Championships	Crystal Palace	Romford Town	1
1:23.16	458	F	04/01/15	BWFSC Level 1 Long Course Meet	London		1
1:23.27	456	H	07/10/17	Lincoln Vulcans Long Course Open Meet	Sheffield	Romford Town	1
1:23.32	455	H	19/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	Romford Town	1
1:23.44	454	H	09/06/13	ASA London Region Age Group Championship	London	Romford Town	1
1:23.66	450	F	12/04/14	Crawley Spring Open Meet	Crawley	Romford Town	1
1:23.84	447	H	04/05/15	London Region Summer Championships	Crystal Palace	Romford Town	1
1:23.90	446	H	14/04/13	Bexley SC Long Course Open Meet	London	Romford Town	1
1:24.02	444	H	20/12/14	Northampton Winter Festival Meet	Corby	Romford Town	1
1:24.08	443	H	08/02/14	Derventio Excel February Festival	Sheffield	Romford Town	1
1:24.35	439	H	12/04/15	Killerwhales Mid Qualifying Meet	Basildon	Romford Town	1
1:24.45	437	F	09/06/13	ASA London Region Age Group Championship	London	Romford Town	1
1:24.85	431	H	24/11/13	Essex Winter Long Course Competition	Basildon	Romford Town	1
1:26.22	411	F	14/12/13	London National Arena Swimming League	Basildon	Romford Town	1
1:28.01	386	H	19/01/13	Killerwhales SC Winter Open Meet	Basildon	Romford Town	1
1:28.96	374	H	20/05/12	Rotherham Metro SC Long Course Open Meet	Sheffield	Romford Town	1
1:29.42	368	H	24/11/12	Essex Winter Long Course Championships	Basildon	Romford Town	1
1:31.30	346	H	10/06/12	British Gas ASA London Region AG Champs	Crystal Palace	Romford Town	1
1:32.14	337	H	14/07/12	Northampton SC Summer Festival Meet 2012	Corby	Romford Town	4
1:33.51	322	H	15/04/12	Bexley SC Open Long Course Meet	London	Romford Town	1
1:33.78	319	F	10/06/12	British Gas ASA London Region AG Champs	Crystal Palace	Romford Town	1
1:37.41	285	H	09/07/11	Northampton SC Summer Festival Open Meet	Corby	Romford Town	4

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