

Individual Best Times (All Time)

Jessica Ayling - (747899) - Romford Town SC - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:14.55	590	H	22/01/17	Essex Age Group Championships 2017	Basildon	Romford Town	1
2:14.55	590	H	22/01/17	Essex Age Group Championships	London	Romford Town	1
2:14.55	590	H	22/01/17	Essex Age Group Championships 2017	Basildon	Romford Town	1
2:15.15	582	F	11/03/18	WDSC Long Course Premier Open Meet	Wycombe	Romford Town	1
2:16.70	562	H	14/06/14	London Region Age Group Championships	Stratford	Romford Town	1
2:16.83	560	F	14/06/14	London Region Age Group Championships	Stratford	Romford Town	1
2:17.02	558	H	17/02/19	Essex Age Group Champs 2019	Basildon	Romford Town	1
2:18.67	538	H	27/05/16	City of Cardiff Open Meet	Cardiff		1
2:18.69	538	F	12/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Romford Town	1
2:19.32	531	F	08/06/13	ASA London Region Age Group Championship	London	Romford Town	1
2:20.31	520	F	13/04/14	Crawley Spring Open Meet	Crawley	Romford Town	1
2:20.47	518	H	11/07/15	Bishops Stortford End of Season LC Open Meet	Luton	Romford Town	3
2:20.67	516	H	21/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Romford Town	1
2:20.88	513	H	08/05/16	Rotherham Metro Level One Long Course Meet	Sheffield	Romford Town	1
2:22.62	495	H	23/11/13	Essex Winter Long Course Competition	Basildon	Romford Town	1
2:22.68	494	H	08/02/14	Derventio Excel February Festival	Sheffield	Romford Town	1
2:22.82	493	H	11/04/15	Killerwhales Mid Qualifying Meet	Basildon	Romford Town	1
2:24.03	481	H	13/04/13	Bexley SC Long Course Open Meet	London	Romford Town	1
2:24.50	476	H	08/06/13	ASA London Region Age Group Championship	London	Romford Town	1
2:26.24	459	H	20/12/14	Northampton Winter Festival Meet	Corby	Romford Town	1
2:28.81	436	H	19/01/13	Killerwhales SC Winter Open Meet	Basildon	Romford Town	1
2:28.90	435	H	25/11/12	Essex Winter Long Course Championships	Basildon	Romford Town	1
2:31.03	417	H	20/05/12	Rotherham Metro SC Long Course Open Meet	Sheffield	Romford Town	1
2:31.71	411	H	09/06/12	British Gas ASA London Region AG Champs	Crystal Palace	Romford Town	1
2:34.04	393	H	14/04/12	Bexley SC Open Long Course Meet	London	Romford Town	1
2:36.67	373	H	15/07/12	Northampton SC Summer Festival Meet 2012	Corby	Romford Town	4
2:39.05	357	H	17/12/11	Killerwhales Winter Open	Basildon	Romford Town	1

2:39.05	337	H	17/12/11	Killerwhales Winter Open	Basildon	Romford Town	1
2:56.68	260	H	15/05/11	Rotherham Metro Level One Meet	Sheffield	Romford Town	1
3:04.96	227	F	19/12/10	Hillingdon Winter Meet	Hillingdon	Romford Town	1

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