Individual Best Times (All Time)

James Winson - (747217) - Leatherhead SC - 200 Breaststroke - Long Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------|-----------------|-------|
| 3:11.90 | 279 | Н | 30/03/13 | Rushmoor Royals & Hart SC Easter Open Meet | Aldershot | Leatherhead | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------|-----------------|-------|
| 3:11.90 | 279 | Н | 30/03/13 | Rushmoor Royals & Hart SC Easter Open Meet | Aldershot | Leatherhead | 3 |