

Individual Best Times (All Time)

Lewis Smith - (746909) - City of Norwich SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.62	407	F	12/07/14	City of Norwich SC Mid-Summer Madness Open	Norwich	Co Norwich	3
1:10.21	396	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	Co Norwich	1
1:10.42	393	H	04/05/13	ASA East Region Youth Championships	Luton	Co Norwich	1
1:11.21	380	H	08/12/13	ASA East Regionals Winter Championships	Norwich	Co Norwich	1
1:11.52	375	H	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Co Norwich	1
1:11.65	373	H	05/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Co Norwich	1
1:11.66	373	F	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	Co Norwich	1
1:12.20	365	H	12/01/13	City of Derby 12th Long Course Open Meet	Sheffield	Co Norwich	1

Swims in Date Order

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1:11.65	373	H	05/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Co Norwich	1
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