

Individual Best Times (All Time)

Casey Waugh - (744526) - Armthorpe & District SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:53.63	515	H	27/05/17	ASA North East Region Championships	Sunderland	Donc Dartes	1
4:56.82	498	H	22/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	Donc Dartes	1
4:58.06	492	H	05/11/17	ASA North East Region Senior Junior Champs	Sheffield	Donc Dartes	1
4:58.65	489	H	04/02/17	Yorkshire SA County Championships	Leeds	Donc Dartes	1
5:01.16	477	H	28/05/16	ASANER Regional Championships 2016	Sheffield	Donc Dartes	1
5:02.78	469	H	24/04/16	City of Leeds National Qualifying Meet 2016	Leeds	Donc Dartes	1
5:05.88	455		16/07/16	Doncaster Dartes End of Season Long Course Meet	Leeds	Donc Dartes	3
5:18.72	402	H	06/02/16	Yorkshire County Championships	Leeds	Donc Dartes	1
5:33.89	350	H	14/02/15	Yorkshire County Championships	Leeds		1
5:36.34	342	H	15/02/14	Yorkshire SA County Championship	Leeds	Armthorpe	1
5:54.06	293	H	26/07/14	CO Sheffield Swim Squad End of Season Summer	Sheffield		3
5:55.54	290	H	14/06/14	ASA North East Region BG Regional AG Champs	Sheffield	Armthorpe	1

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5:36.34

342

H

15/02/14

Yorkshire SA County Championship

Leeds

Armthorpe

1