

Individual Best Times (All Time)

William Hawkes - (742826) - Grantham SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:18.00	620	H	01/05/16	ASA East Midland Region Swimming Champs	Sheffield	Grantham	1
4:22.08	592	H	15/05/16	Northampton 2016 Long Course Spring Festival	Corby	Grantham	1
4:22.70	587	F	09/08/15	ASA Summer Nationals 2015	Sheffield		1
4:27.44	557	H	17/05/15	Rotherham Metro Level One Long Course Meet	Sheffield		1
4:27.92	554	H	10/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	Grantham	1
4:29.97	541	H	09/08/15	ASA Summer Nationals 2015	Sheffield		1
4:32.54	526	H	06/06/15	Midlands Championships 2015	Coventry		1
4:33.44	521	H	12/04/15	Derventio Excel 9th Open Meet	Sheffield		1
4:39.50	488	H	04/10/14	Robin Hood Open Meet 2014	Sheffield		1
4:39.56	487	H	07/02/15	Derventio Excel February Festival	Sheffield		1
4:51.25	431	H	20/12/14	Derventio Excel 2nd Christmas Cracker	Sheffield		1
4:51.74	429	H	15/06/14	Midland Age Group Championships 2014	Coventry	Grantham	1
5:04.74	376	H	09/06/13	Midland Age Groups Championships	Coventry	Grantham	1
5:16.50	336	H	12/05/13	City of Coventry SC May Open Meet	Coventry	Grantham	1
5:44.31	261	H	13/05/12	City of Coventry May Open Meet	Coventry	Grantham	1
5:44.70	260	H	01/07/12	City of Coventry Graham Sykes Gala	Coventry	Grantham	3

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5:44.31	261	H	13/05/12	City of Coventry May Open Meet	Coventry	Grantham	1